

PUBLIC HEALTH: HEALTH EDUCATION & PROMOTION, BS

Overview

for the Bachelor of Science in Public Health, Health Education & Promotion concentration

The degree in Public Health prepares students to become leaders in public health, equipped with the knowledge and skills to make a significant impact on population health both locally and globally. Our program addresses the most pressing health challenges of our time. Students choose one of four concentrations to complement the core curriculum: 1) Health Education & Promotion, 2) Health Administration and Policy, 3) Epidemiology, or 4) Community Health Practice. Students are prepared for diverse careers within the public health sector, including roles as health educators, outreach coordinators, healthcare administrators, health policy analysts, health program managers, epidemiologists, community health coordinator, emergency response coordinators, and preparedness and compliance specialists.

Degree Requirements

for the Bachelor of Science in Public Health, Health Education & Promotion concentration

Graduation Requirements

Minimum hours required for graduation: 120 hours.

University Requirements

Minimum of 40 hours of upper-division coursework, generally at the 300- or 400-level. These hours can be drawn from all elements of the degree. Students should consult their academic advisor for additional guidance in fulfilling this requirement.

The university and residency requirements can be found in the Student Code (<https://studentcode.illinois.edu/article3/part8/3-801/>) (§ 3-801) and in the Academic Catalog (<http://catalog.illinois.edu/general-information/degree-general-education-requirements/>).

General Education Requirements

Follows the campus General Education (Gen Ed) requirements (<https://courses.illinois.edu/gened/DEFAULT/DEFAULT/>). Some Gen Ed requirements may be met by courses required and/or electives in the program.

Code	Title	Hours
	Composition I	4-6
	Advanced Composition	3
	fulfilled by HK 300	
	Humanities & the Arts (6 hours)	6
	fulfilled by HK 208 and any other course approved as Humanities & the Arts	
	Natural Sciences & Technology (6 hours)	6

Social and Behavioral Sciences (6 hours)	6
fulfilled by HK 111 and HK 300	
Cultural Studies: Non-Western Cultures (1 course)	3
Cultural Studies: US Minority Culture (1 course)	3
fulfilled by HK 271	
Cultural Studies: Western/Comparative Cultures (1 course)	3
Quantitative Reasoning (2 courses, at least one must be Quantitative Reasoning I)	6-10
fulfilled by HK 201 and HK 209	
Language Requirement (Completion of the third semester or equivalent of a language other than English is required)	0-15

Major Requirements

Code	Title	Hours
HK 111	Introduction to Public Health	3
HK 125	Orientation to Health & Kinesiology	1
HK 201	Health Sciences Research Methods	3
HK 202	Health Careers & Professionalism	1
HK 206	Health Care Systems	3
HK 208	Introduction to Medical Ethics	3
HK 209	Introduction to Biostatistics and Health Data Analysis	3
HK 271	Health Equity in the United States	3
HK 300	Health Behavior Theories and Applications	4
HK 410	Public Health Practice	4
HK 470	Orientation to Internship	1
HK 471	Health Internship	8
HK Electives (choose from all HK courses, in consultation with advisors)		12

Concentration Requirements

Code	Title	Hours
HK 411	Approaches to Health Education and Advocacy	3
HK 423	Social Marketing and Comm in Health Education & Promotion	3
	Population Course (in consultation with advisors)	3
	Health Behavior Course (in consultation with advisors)	3

Code	Title	Hours
Total Hours		120

Sample Sequence

for the Bachelor of Science in Public Health, Health Education & Promotion concentration

This sample sequence is intended to be used only as a guide for degree completion. All students should work individually with their academic advisors to decide the actual course selection and sequence that works best for them based on their academic preparation and goals. Enrichment programming such as study abroad, minors, internships, and so on may impact the structure of this four-year plan. Course availability is not guaranteed during the semester indicated in the sample sequence.

Students must fulfill their Language Other Than English requirement by successfully completing a third level of a language other than English. For more information, see the corresponding section on the Degree and General Education Requirements page (<http://catalog.illinois.edu/general-information/degree-general-education-requirements/>).

First Year

First Semester

Requirements	Hours
Composition I or General Education course	4
HK 111 - Introduction to Public Health	3
HK 125 - Orientation to Health & Kinesiology	1
General Education course	3
Free Elective course	4
Semester Hours	15

Second Semester

Requirements	Hours
HK 202 - Health Careers & Professionalism	1
HK 209 - Introduction to Biostatistics and Health Data Analysis	3
Language Other Than English (3rd level)	4
General Education course or Composition I	3
General Education course	3
Free Elective course	1
Semester Hours	15

Second Year

First Semester

Requirements	Hours
HK 201 - Health Sciences Research Methods	3
HK 271 - Health Equity in the United States	3
General Education course	3
Free Elective course	3
Free Elective course	3
Semester Hours	15

Second Semester

Requirements	Hours
HK 206 - Health Care Systems	3
HK 208 - Introduction to Medical Ethics	3
General Education course	3
HK Elective course	3
Free Elective course	3
Semester Hours	15

Third Year

First Semester

Requirements	Hours
HK 300 - Health Behavior Theories and Applications	4
HK 411 - Approaches to Health Education and Advocacy	3
HK Elective course	3
Free Elective course	3
Free Elective course	2
Semester Hours	15

Second Semester

Requirements	Hours
HK 423 - Social Marketing and Comm in Health Education & Promotion	3
HK Elective course	3
Free Elective course	3
Free Elective course	3
Free Elective course	3
Semester Hours	15

Fourth Year

First Semester

Requirements	Hours
HK 410 - Public Health Practice	4
HK 470 - Orientation to Internship	1
Population course	3
HK Elective course	3
Free Elective course	4
Semester Hours	15

Second Semester

Requirements	Hours
HK 471 - Health Internship	8
Health Behavior course	3
Free Elective course	4
Semester Hours	15

Total Hours

Total hours for all requirements: 120

Learning Outcomes

for the Bachelor of Science in Public Health, Health Education & Promotion concentration

1. Content Knowledge: Students will learn and engage with significant theories, models, themes, and ideas within the health and/or kinesiology disciplines.
2. Critical Thinking and Discovery: Students will explore and analyze scientific findings to promote inquiry, generate evidence-based solutions, and create new ideas within health and/or kinesiology disciplines.

3. Awareness and Understanding: Students will be exposed to and engage with a holistic perspective related to the diverse socioeconomic, behavioral, sociocultural, biological, environmental, philosophical, ethical and historical factors that influence health and/or kinesiology.
4. Programming and Assessment: Students will apply evidence-based practices in developing, implementing, and assessing programs and interventions related to health promotion, physical activity adoption and adherence, and the prevention and management of diseases.
5. Leadership and Engagement: Through a variety of applied learning opportunities, students will demonstrate leadership and effective communication skills, showcase an appreciation of and commitment to health and well-being as they develop and sustain productive relationships and work for the common good at local, national, and global levels.

Contact Information

for the Bachelor of Science in Public Health, Health Education & Promotion concentration

Department of Health and Kinesiology

Health and Kinesiology website (<https://hk.illinois.edu/>)

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College of Applied Health Sciences

Applied Health Sciences website (<https://ahs.illinois.edu/>)

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Champaign, IL 61820

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Email: ahs@illinois.edu

Advising

Advising website (<https://hk.illinois.edu/academics/advising/>)

Admissions

Admissions website (<https://hk.illinois.edu/admissions/>)

(217) 333-2130

Email: ahs-admissions@illinois.edu (AHS-admissions@illinois.edu)