

PUBLIC HEALTH: HEALTH BEHAVIOR AND PROMOTION, MPH

for the degree of Master of Public Health in Public Health, Health Behavior and Promotion concentration

Public health is an interdisciplinary field that focuses on preventing disease and promoting health through science and social justice. Our nationally accredited MPH program offers foundational training in public health with a concentration in Health Behavior and Promotion. This concentration equips students with the knowledge and skills needed to promote health and prevent disease in diverse populations. All students gain hands-on experience in real-world settings, preparing them for successful careers in public health.

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Code	Title	Hours
Core courses		
HK 408	Environmental Health	4
HK 410	Public Health Practice	4
HK 517	Principles of Epidemiology	4
HK 527	Biostatistics in Public Health	4
HK 530	Health Policy: United States	4
HK 534	Professionalism in Health Practice	2
HK 535	Applied Practice Experience	4
HK 536	Integrative Learning Experience	2
Total hours core courses		28
Concentration Core Courses		16
HK 515	Health Behavior Theory	4
HK 516	Chronic Disease Prevention	4
HK 519	Health Program Evaluation	4
HK 532	Cultural Humility in Health	4
Concentration Course of Choice (select minimum of 4 hours from the following list):		
HK 401	Health Behavior and Technology	3 or 4
HK 402	Tech-Driven Health Intervention	3 or 4
HK 403	Technology, Health, and Aging	3 or 4
HK 404	Gerontology	3 or 4
HK 409	Women's Health	3
HK 411	Approaches to Health Education and Advocacy	3 or 4
HK 414	International Health	3 or 4
HK 413	Chronic Disease Epidemiology	3 or 4
HK 416	Applied Health Data Analysis	3 or 4
HK 419	Artificial Intelligence in Public Health	3 or 4
HK 420	Community Health Assessment and Planning	3

HK 423	Social Marketing and Comm in Health Education & Promotion	3 or 4
HK 424	Emergency Preparedness, Planning, and Response	3 or 4
HK 440	Exercise & Health Psychology	3 or 4
HK 441	Physical Activity and Chronic Diseases	3 or 4
HK 442	Body, Culture & Society	3 or 4
HK 446	Physical Activity & Diverse Populations	3 or 4
HK 459	Physical Activity Across the Lifespan	3 or 4
HK 466	Measure & Eval in Kinesiology	3 or 4
HK 474	Public Health Nutrition	3 or 4
HK 511	Health Disparities Over the Life Course	4
HK 540	Physical Activity & Cognition	4
HK 561	Qualitative Research Methods	4
Total Hours (minimum required)		48

Other Requirements

Requirement	Description
Other requirements may overlap	
Minimum 500-level Hours Required	12 (8 within the unit)
Overall:	
Minimum GPA:	3.0

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The MPH degree program is nationally accredited by CEPH, the Council for Education on Public Health. Extensive reporting, assessment, evaluation, and tracking occurs as part of being a nationally accredited program. Very detailed curriculum competency alignment, tracking, and reporting happen each year to ensure the program is meeting the 30+ individual competencies CEPH requires. Health Behavior and Promotion is a concentration within the Public Health major of the MPH degree, and it is guided by the following learning outcomes as a summary of the CEPH competencies:

- 1. Content Knowledge:** Students will demonstrate an advanced understanding of current and historically significant theories, models, themes, and ideas related to public health, health promotion, the prevention of chronic and infectious illnesses, and the reduction of health disparities.
- 2. Critical Thinking and Discovery:** Students will demonstrate ethical practices while applying advanced quantitative and qualitative methods in collecting, analyzing, and interpreting data which could then be disseminated through publications and presentations.
- 3. Awareness and Understanding:** Students will understand and appreciate the diverse environmental, biological, psychological, socioeconomic, sociocultural, philosophical, and historical factors that influence public health, health promotion, chronic and infectious illnesses prevention, and the reduction of health disparities.
- 4. Programming and Assessment:** Students will apply best practices in developing, implementing, assessing, and evaluating programs and interventions related to public health, health promotion, chronic and infectious illnesses prevention, and the reduction of health disparities within culturally diverse populations.

5. **Leadership and Engagement:** Students will demonstrate leadership and effective communication skills, while promoting effective public health practices as they develop and sustain productive relationships and work for the common good at local, national, and global levels.

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Public Health Program

Department Head: Kim Graber

Director of Graduate Studies: Laura Rice

Director of Program: Pedro Hallal

Public Health website (<https://ahs.illinois.edu/mph-home/>)

Department of Health and Kinesiology

Department of Health and Kinesiology website (<https://ahs.illinois.edu/community-health/>)

College of Applied Health Sciences

Applied Health Sciences College catalog page (<http://catalog.illinois.edu/schools/ahs/academic-units/>)

Applied Health Sciences College website (<http://www.ahs.illinois.edu/>)

Admissions

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