INTERDISCIPLINARY MINOR IN AGING

for the Undergraduate Interdisciplinary Minor in Aging

The Interdisciplinary Minor in Aging provides students with the opportunity to study aging as it relates to health, communication, development and activity. The minor is offered through the College of Applied Health Sciences. There are no prerequisites for the minor. Minors should be declared by filling out the intent to pursue a minor form (https://ahs.illinois.edu/undergrad-declare-minor/).

for the Undergraduate Interdisciplinary Minor in Aging

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>IHLT 240</td>
<td>Health and Aging Policy</td>
<td>9</td>
</tr>
<tr>
<td>CHLH 404</td>
<td>Gerontology</td>
<td></td>
</tr>
<tr>
<td>PSYC 361</td>
<td>The Psychology of Aging</td>
<td></td>
</tr>
</tbody>
</table>

Additional aging-related courses chosen from the following list: 9

- KIN 459 Physical Activity & Aging
- SOCW 240 Death & Dying
- SOCW 315 Social Work Services for Older Adults
- CHLH 494 Special Topics (Special Topics courses must include aging-related content and be approved by the Aging minor advisor)
- RST 316 Human Development and Recreation, Sport and Tourism
- RST 335 Leisure and Consumer Culture
- SHS 271 Communication and Aging
- KIN 386 Exercise Instruction & Elderly
- EPSY 407 Adult Learning and Development
- UP 340 Planning for Healthy Cities

Students may also earn elective credit by participating in an aging-related internship or independent study that is also pre-approved by the advisor for the minor. Minor modification forms should be filled out if you are requesting to use an independent study or internship. Forms can be found at http://provost.illinois.edu/files/2017/01/Minor-Modification-Form.pdf.

Total Hours 18

Programs in Kinesiology and Community Health

Undergraduate Programs

- Majors
  - Community Health, BS (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/)
    - optional concentrations
      - Community Health: Health Education, BS (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/)
  - Kinesiology, BS (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/)
    - optional concentrations
      - Kinesiology: Teacher Certification, BS (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/teacher-certification/)
  - Interdisciplinary Health Sciences, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/)
    - optional concentrations
      - Interdisciplinary Health Sciences: Health & Aging, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-and-aging/)
      - Interdisciplinary Health Sciences: Health Behavior Change, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/)
      - Interdisciplinary Health Sciences: Health Diversity, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-diversity/)
      - Interdisciplinary Health Sciences: Health & Aging, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-and-aging/)

- Minors
  - Disability Studies (http://catalog.illinois.edu/undergraduate/ahs/minors/disability-studies/)
  - Health Administration (http://catalog.illinois.edu/undergraduate/ahs/minors/health-administration/)
  - Health Technology, Interdisciplinary (http://catalog.illinois.edu/undergraduate/ahs/minors/interdisciplinary-health-technology/)
  - Interdisciplinary Aging (p. 1)
  - Kinesiology (http://catalog.illinois.edu/undergraduate/ahs/minors/kinesiology/)
  - Public Health (http://catalog.illinois.edu/undergraduate/ahs/minors/public-health/)

- Joint Programs
  - Community Health, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mp/)
  - Community Health, BS and Epidemiology, MPH (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mp/)
  - Kinesiology, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mp/)
  - Kinesiology, BS and Epidemiology, MPH (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mp/)
  - Interdisciplinary Health Sciences, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-public-health-mp/)

Information listed in this catalog is current as of 12/2023
Interdisciplinary Minor in Aging

- Interdisciplinary Health Sciences, BS and Epidemiology, MPH
  (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-epidemiology-mph/)

Graduate Programs

- Majors
  - Community Health, MS (http://catalog.illinois.edu/graduate/ahs/community-health-ms/)
  - Community Health, PhD (http://catalog.illinois.edu/graduate/ahs/community-health-phd/)
  - Epidemiology, MPH (http://catalog.illinois.edu/graduate/ahs/epidemiology-mph/)
  - Health Administration, MHA (http://catalog.illinois.edu/graduate/ahs/health-administration-mha/)
  - Health Technology, MS (http://catalog.illinois.edu/graduate/ahs/health-technology-ms/)
  - Kinesiology, MS (http://catalog.illinois.edu/graduate/ahs/kinesiology-ms/)
  - Kinesiology, PhD (http://catalog.illinois.edu/graduate/ahs/kinesiology-phd/)
  - Rehabilitation, MS (http://catalog.illinois.edu/graduate/ahs/rehabilitation-ms/)
  - Public Health, MPH (http://catalog.illinois.edu/graduate/ahs/public-health-mph/)

- Joint Programs
  - Public Health, MPH & Community Health, PhD (http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mpc-community-health-phd/)
  - Public Health, MPH & Food Science & Human Nutrition, PhD
    (http://catalog.illinois.edu/graduate/aces_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mp/)
  - Public Health, MPH & Kinesiology, PhD (http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mpc-kinesiology-phd/)
  - Public Health, MPH & Nutritional Science, PhD (http://catalog.illinois.edu/graduate/aces_ahs/joint-degree/nutritional-science-phd-public-health-mp/)
  - Public Health, MPH & Social Work, PhD (http://catalog.illinois.edu/graduate/ahs_socw/joint-degree/public-health-mpc-social-work-phd/)
  - Public Health, MPH & Urban Planning, MUP (http://catalog.illinois.edu/graduate/ahs_faa/joint-degree/public-health-mpc-urban-planning-mup/)

for the Undergraduate Interdisciplinary Minor in Aging

I Health
I Health Department website (http://ihealth.illinois.edu/)
I Health faculty (https://ahs.illinois.edu/ihealth-directory/)

College of Applied Health Sciences
Applied Health Sciences College Catalog page (http://catalog.illinois.edu/schools/ahs/academic-units/)
Applied Health Sciences College website (http://www.ahs.illinois.edu/)

To declare the minor or ask questions about the requirements, please contact:

Dr. Andiara Schwingel (andiara@illinois.edu), Dr. Whitney Wolff (wolffw@illinois.edu), or Staci Baxley (slsears@illinois.edu);
217-333-2307.

Information listed in this catalog is current as of 12/2023