KINESIOLOGY, BS

for the Bachelor of Science Major in Kinesiology

Kinesiology Department Website (http://www.kch.illinois.edu/)
Kinesiology Department Faculty (https://ahs.illinois.edu/kch-directory/)
Applied Health Sciences College Catalog Page (http://catalog.illinois.edu/schools/ahs/academic-units/)
Applied Health Sciences College Website (http://www.ahs.illinois.edu/)
Programs in Kinesiology and Community Health

Undergraduate Programs:

**major**: Community Health, BS (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/)

  **concentration**: Community Health: Health Education & Promotion, BS (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/)

  **concentration**: Community Health: Health Planning & Administration, BS (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/)

  **concentration**: Community Health: Rehabilitation Studies, BS (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/)

**major**: Kinesiology, BS (p. 1)

  **concentration**: Kinesiology: Teacher Certification, BS (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/teacher-certification/)

**major**: Interdisciplinary Health Sciences, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/)

  **concentration**: Interdisciplinary Health Sciences: Health Aging, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/)

  **concentration**: Interdisciplinary Health Sciences: Health Behavior Change, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/)

  **concentration**: Interdisciplinary Health Sciences: Health Diversity, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-diversity/)

**minor**: Kinesiology (http://catalog.illinois.edu/undergraduate/ahs/minors/kinesiology/)

**minor**: Disability Studies (http://catalog.illinois.edu/undergraduate/ahs/minors/disability-studies/)

**minor**: Interdisciplinary Aging (http://catalog.illinois.edu/undergraduate/ahs/minors/aging/)

**minor**: Health Administration (http://catalog.illinois.edu/undergraduate/ahs/minors/health-administration/)

**minor**: Public Health (http://catalog.illinois.edu/undergraduate/ahs/minors/public-health/)

**joint degree**: Community Health, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mph/)

**joint degree**: Community Health, BS and Epidemiology, MPH (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mph/)

**joint degree**: Kinesiology, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mph/)

**joint degree**: Kinesiology, BS and Epidemiology, MPH (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mph/)

**joint degree**: Interdisciplinary Health Sciences, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-public-health-mph/)

**joint degree**: Interdisciplinary Health Sciences, BS and Epidemiology, MPH (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-epidemiology-mph/)

Graduate Programs:

**degree**: Kinesiology, MS (http://catalog.illinois.edu/graduate/ms_kines/)

**degree**: Kinesiology, PhD (http://catalog.illinois.edu/graduate/graduate-majors/kinesiology/#doctoratestext)

**degree**: Community Health, MS (http://catalog.illinois.edu/graduate/graduate-majors/community-health/ms-comm-health/)

**degree**: Community Health, PhD (http://catalog.illinois.edu/graduate/ahs/community-health-phd/)

**degree**: Rehabilitation, MS (http://catalog.illinois.edu/graduate/graduate-majors/community-health/ms-rehab/)

**degree**: Public Health, MPH (http://catalog.illinois.edu/graduate/graduate-majors/community-health/master-pub-health/)

**degree**: Epidemiology, MPH (http://catalog.illinois.edu/graduate/ahs/epidemiology-mph/)

**joint degree**: Community Health, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mph/)

**joint degree**: Community Health, BS and Epidemiology, MPH (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mph/)

**joint degree**: Kinesiology, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mph/)

**joint degree**: Kinesiology, BS and Epidemiology, MPH (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mph/)

**joint degree**: Interdisciplinary Health Sciences, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-public-health-mph/)

**joint degree**: Interdisciplinary Health Sciences, BS and Epidemiology, MPH (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-epidemiology-mph/)

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The Kinesiology curriculum leads to a bachelor of science degree that will prepare students for careers in human movement-related fields and/or advanced professional or graduate study. The undergraduate program provides the student with a broad general education, a departmental
core integral to the understanding of the diverse aspects of human movement, and a correlate area of courses specific to the student’s area of concentration within Kinesiology.

The Kinesiology program is committed to the study and research of human movement in all its dimensions. Undergraduate study focuses on exercise stress, movement efficiency, and fitness; the social, cultural, and psychological aspects of participation in physical activity and sport; coordination, control, and skill of physical activity; physical growth, development, and body form throughout the lifespan; the effects of therapeutic techniques of Kinesiology upon recovery from physical injury; and the instructional process of teaching/coaching of physical activity and sport.

The curriculum combines a comprehensive liberal arts and sciences education with in-depth study in a particular area of interest. The program of study provides knowledge and understanding essential for human movement and sport careers in either public or private agencies. The hours required for graduation include prescribed courses for all students as well as requirements determined by the various areas of emphasis selected by the student. Teaching and research emphasize hands-on learning through the use of technology and modern laboratory equipment. Graduates find employment in a variety of fields including teaching, corporate fitness, coaching, and athletic training. Many students continue their education and become physical therapists, physicians, exercise physiologists, and sport psychologists.

A 5 year BS MPH joint degree program is available for students majoring in Community Health, I-Health, or Kinesiology. Students apply for the program in the latter part of their third year (junior year) of study. Students accepted into the BS MPH joint degree program take 12 credit hours of coursework in their senior year that apply to both BS and MPH degrees. In the 5th year of study, students complete the remaining requirements for the MPH degree, and graduate simultaneously with both BS and MPH degrees. The requirements are explained in more detail on the MPH program website: http://www.mph.illinois.edu/Program/.