

INTERDISCIPLINARY HEALTH SCIENCES: HEALTH & AGING, BS

for the degree of Bachelor of Science Major in Interdisciplinary Health Science, Health & Aging Concentration

Summary of Degree Requirements

Code	Title	Hours
General Education		36-39
Health Major Requirements		42
Concentration Requirements		22-23
Free Electives		24-28
Total Hours		128

The curriculum requires certain existing courses from the approved lists be taken as noted below. The prescribed courses prepare the student for upper division study and may be used to satisfy General Education Requirements provided they are on the appropriate General Education List.

General Education Requirements

Code	Title	Hours
Communication Arts		
Composition I		3-6
Advanced Composition		3
Quantitative Reasoning I & II		
From approved campus list		6
Humanities and the Arts		
From approved campus list		6
Social and Behavioral Sciences		
From approved campus list		6
Natural Sciences and Technology		
From approved campus list		6
Cultural Studies¹		
From Western cultures approved campus list		3
From non-Western cultures approved campus list		3
From U.S. minority cultures approved campus list		3
Total Hours		39-42

¹ Courses in cultural studies may be completed through other categories where appropriate.

Code	Title	Hours
Health Major Requirements		
CHLH 101	Introduction to Public Health	3
CHLH 274	Introduction to Epidemiology	3
CHLH 456	Organization of Health Care	2-4
KIN 122	Physical Activity and Health	3
RST 100	Recreation, Sport, and Tourism in Modern Society	3
SHS 170	Intro Hum Comm Sys & Disorders	3

FSHN 120	Contemporary Nutrition	3
PSYC 100	Intro Psych	4
STAT 100	Statistics	3
REHB 330	Disability in American Society	3
IHLT 101	Introduction to i-Health	1
IHLT 102	Survey of Interdisc Health	1
IHLT 375	Interdis Collab in Health Serv	4
IHLT 474	Pre-Field Experience in Health	1
IHLT 475	Field Experience in i-Health	4
Total Hours		42

Free Electives

Code	Title	Hours
Free Electives		24-28
Total Hours		24-28

Health and Aging Concentration

Code	Title	Hours
KIN 262	Motor Develop, Growth & Form	3
CHLH 404	Gerontology	3,4
SHS 271	Communication and Aging	3
PSYC 361	The Psychology of Aging	3
Select three of the following (at least two at the 300- or 400-level):		9
CHLH 494	Special Topics	
EPSY 407	Adult Learning and Development	
EPSY 430	Early Adolescent Development	
HDFS 310	Adult Development	
IHLT 240	Aging and Health Policy	
IHLT 498	Interdisciplinary Health Study Abroad	
KIN 365	Civic Engagement in Wellness	
KIN 386	Exercise Instruction & Elderly	
KIN 459	Physical Activity & Aging	
RST 316	Human Development and Recreation, Sport and Tourism	
SHS 320	Development of Spoken Language	
SHS 375	Comm Partners & Health	
SOCW 240	Death & Dying	
SOCW 315	Social Work Services for Older Adults	
UP 340	Planning for Healthy Cities	
Total Hours		21-22