

INTERDISCIPLINARY HEALTH SCIENCES, BS AND PUBLIC HEALTH, MPH

for the degrees of Bachelor of Science Major in Interdisciplinary Health Science and Master of Public Health in Public Health

Interdisciplinary Health Sciences (or I-Health) is a unique and innovative undergraduate program that reflects the trajectory of the healthcare industry. I-Health teaches students to look at health care more holistically and draw from the knowledge of several other fields to develop innovative new solutions to health-related problems. Graduates leave the program not only armed with a deep knowledge of biology and other sciences, but with the ability to comprehensively care for the whole person.

The Interdisciplinary Health Sciences, BS degree program includes a set of four concentrations, of which a student must complete at least one:

- Health & Aging Concentration (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/>)
- Health Behavior Change Concentration (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/>)
- Health Diversity Concentration (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences/health-diverse/>)
- Health Technology (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-technology/>)

A 5 year BS MPH joint degree program is available for students majoring in Community Health, I-Health, or Kinesiology. Students apply for the program in the latter part of their third year (junior year) of study. Students accepted into the BS MPH joint degree program take 12 credit hours of coursework in their senior year that apply to both BS and MPH degrees. In the 5th year of study, students complete the remaining requirements for the MPH degree, and graduate simultaneously with both BS and MPH degrees. The requirements are explained in more detail on the MPH program website (<http://www.mph.illinois.edu/Program/>).

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Only students who have completed their junior year but have not yet completed their senior year are eligible to apply. The curriculum, degree requirements, and faculty for the 5-year BS-MPH program (MPH portion) are the same as the regular MPH program.

The BS-MPH program is accelerated. Students take a heavier course load during the fifth year, called the MPH year. The MPH year consists of one Fall semester, one Spring semester, and one Summer semester.

For students in the Epidemiology concentration, the MPH portion of the degree consists of one Fall semester, one Spring semester, one

Summer semester, and a second Fall semester, with students graduating in December.

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Sample Sequence

This sample sequence is intended to be used only as a guide for degree completion. All students should work individually with their academic advisors to decide the actual course selection and sequence that works best for them based on their academic preparation and goals. Enrichment programming such as study abroad, minors, internships, and so on may impact the structure of this four-year plan. Course availability is not guaranteed during the semester indicated in the sample sequence.

Students must fulfill their Language Other Than English requirement by successfully completing a third level of a language other than English. For more information see the corresponding section on the Degree and General Education Requirements page (<http://catalog.illinois.edu/general-information/degree-general-education-requirements/>).

First Year

First Semester	Hours	Second Semester	Hours
IHLT 101	1	RST 100	3
IHLT 102	1	FSHN 120	3
KIN 122	3	Language Other than English (3rd level) or Composition I	4
CHLH 101	3	General Education course	3
Composition I or Language Other than English (3rd level)	4	Free Elective	3
General Education course	3	Free Elective	1
15		17	

Second Year

First Semester	Hours	Second Semester	Hours
PSYC 100	4	STAT 100	3
SHS 170	3	REHB 330	
General Education course	3	General Education course	3
Free Elective	3	General Education course	3

Free Elective	3 Free Elective course	4	
	16	13	
Third Year			
First Semester	Hours Second Semester	Hours	
CHLH 274	IHLT 375	4	
Concentration Elective course	3 Concentration Elective course	4	
General Education course	3 General Education course	3	
Free Elective	3 Free Elective	3	
Free Elective	3 Free Elective	2	
	12	16	
Fourth Year			
First Semester	Hours Second Semester	Hours	
IHLT 474	1 IHLT 475	4	
CHLH 410	4 CHLH 469	3	
CHLH 456	3 Concentration Elective course	3	
Concentration Elective course	3 Concentration Elective course	3	
Concentration Elective course	3 Free Elective	3	
Concentration Elective course	3		
	17	16	
Fifth Year			
First Semester	Hours Second Semester	Hours Summer Semester	Hours
CHLH 540	4 CHLH 550	4 CHLH 587	4
CHLH 572	4 CHLH 573	4 CHLH 589	2
CHLH 575	4 CHLH 577	4	
CHLH 594	4 Concentration Course of Choice from Approved List	4	
Seminar	1 Seminar	1	
	17	17	6
Total Hours 162			

Programs in Health and Kinesiology

Undergraduate Programs

- Majors
 - Community Health, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/>)
 - optional concentrations
 - Community Health: Health Education, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/>)
 - Community Health: Health Planning & Administration, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/>)
 - Community Health: Rehabilitation & Disability Studies, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/>)
 - Kinesiology, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/>)
 - optional concentrations
 - Kinesiology: Teacher Certification, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/teacher-certification/>)
 - Interdisciplinary Health Sciences, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/>)
 - optional concentrations
 - Interdisciplinary Health Sciences: Health & Aging, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/>)
 - Interdisciplinary Health Sciences: Health Behavior Change, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/>)
 - Interdisciplinary Health Sciences: Health Diversity, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-diversity/>)
 - Interdisciplinary Health Sciences: Health Technology, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-technology/>)
- Minors
 - Disability Studies (<http://catalog.illinois.edu/undergraduate/ahs/minors/disability-studies/>)
 - Health Administration (<http://catalog.illinois.edu/undergraduate/ahs/minors/health-administration/>)
 - Health Technology, Interdisciplinary (<http://catalog.illinois.edu/undergraduate/ahs/minors/interdisciplinary-health-technology/>)
 - Interdisciplinary Aging (<http://catalog.illinois.edu/undergraduate/ahs/minors/aging/>)
 - Kinesiology (<http://catalog.illinois.edu/undergraduate/ahs/minors/kinesiology/>)
 - Public Health (<http://catalog.illinois.edu/undergraduate/ahs/minors/public-health/>)
- Joint Programs
 - Community Health, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mp/>)
 - Community Health, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mp/>)

- Kinesiology, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mph/>)
- Kinesiology, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mph/>)
- Interdisciplinary Health Sciences, BS and Public Health, MPH (p. 1)
- Interdisciplinary Health Sciences, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-epidemiology-mph/>)

Graduate Programs

- Majors
 - Community Health, MS (<http://catalog.illinois.edu/graduate/ahs/community-health-ms/>)
 - Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/community-health-phd/>)
 - Epidemiology, MPH (<http://catalog.illinois.edu/graduate/ahs/epidemiology-mph/>)
 - Health Administration, MHA (<http://catalog.illinois.edu/graduate/ahs/health-administration-mha/>)
 - Health Technology, MS (<http://catalog.illinois.edu/graduate/ahs/health-technology-ms/>)
 - Kinesiology, MS (<http://catalog.illinois.edu/graduate/ahs/kinesiology-ms/>)
 - Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/kinesiology-phd/>)
 - Public Health, MPH (<http://catalog.illinois.edu/graduate/ahs/public-health-mph/>)
- Joint Programs
 - Public Health, MPH & Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mph-community-health-phd/>)
 - Public Health, MPH & Food Science & Human Nutrition, PhD (http://catalog.illinois.edu/graduate/aces_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mph/)
 - Public Health, MPH & Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mph-kinesiology-phd/>)
 - Public Health, MPH & Nutritional Science, PhD (http://catalog.illinois.edu/graduate/aces_ahs/nutritional-science-phd-public-health-mph/)
 - Public Health, MPH & Social Work, PhD (http://catalog.illinois.edu/graduate/ahs_socw/joint-degree/public-health-mph-social-work-phd/)
 - Public Health, MPH & Urban Planning, MUP (http://catalog.illinois.edu/graduate/ahs_faa/joint-degree/public-health-mph-urban-planning-mup/)

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Department of Health and Kinesiology

Department of Health and Kinesiology website (<https://ahs.illinois.edu/kch-home/>)

Interdisciplinary Health Sciences

Interdisciplinary Health Sciences website (<https://ahs.illinois.edu/interdisciplinary-health-sciences/>)

Interdisciplinary Health Sciences faculty and staff (<http://ihealth.illinois.edu/faculty-staff/>)

Public Health Program

Department Head: Kim Graber

Director of Graduate Studies: Laura Rice

Director of Program: Pedro Hallal

Public Health website (<https://ahs.illinois.edu/mph-home/>)

College of Applied Health Sciences

Applied Health Sciences College Catalog page (<http://catalog.illinois.edu/schools/ahs/academic-units/>)

Applied Health Sciences College website (<http://www.ahs.illinois.edu/>)

Admissions

University of Illinois Urbana-Champaign Undergrad Admissions (<https://www.admissions.illinois.edu/>)

mph-admissions@ahs.illinois.edu