INTERDISCIPLINARY HEALTH SCIENCES, BS & EPIDEMIOLOGY, MPH

for the degrees of Bachelor of Science Major in Interdisciplinary Health Sciences and Master of Public Health in Epidemiology

Interdisciplinary Health Sciences (or I-Health) is a unique and innovative undergraduate program that reflects the trajectory of the healthcare industry. I-Health teaches students to look at health care more holistically and draw from the knowledge of several other fields to develop innovative new solutions to health-related problems. Graduates leave the program not only armed with a deep knowledge of biology and other sciences, but with the ability to comprehensively care for the whole person.

The Interdisciplinary Health Sciences, BS degree program includes a set of three concentrations, of which a student must complete at least one:

Health & Aging Concentration (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/)

Health Behavior Change Concentration (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/)

Health Diversity Concentration (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences/health-diverse/)

A 5 year BS MPH joint degree program is available for students majoring in Community Health, I-Health, or Kinesiology. Students apply for the program in the latter part of their third year (junior year) of study. Students accepted into the BS MPH joint degree program take 12 credit hours of coursework in their senior year that apply to both BS and MPH degrees. In the 5th year of study, students complete the remaining requirements for the MPH degree, and graduate simultaneously with both BS and MPH degrees. A summary of the requirements for the MPH degree is provided here (http://catalog.illinois.edu/graduate/graduate-majors/community-health/master-pub-health/#degreerequirementstext). The requirements are explained in more detail on the MPH program website: http://www.mph.illinois.edu/Program/ (https://ahs.illinois.edu/how-to-apply-bs-mph/)

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The curriculum requires certain existing courses from the approved lists be taken as noted below. The prescribed courses prepare the student for upper division study and may be used to satisfy General Education Requirements provided they are on the appropriate General Education List.

### General Education Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication Arts</td>
<td></td>
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<tr>
<td>Composition I</td>
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<td>3-6</td>
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<tr>
<td>Advanced Composition</td>
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<td>3</td>
</tr>
<tr>
<td>Quantitative Reasoning I &amp; II</td>
<td></td>
<td></td>
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<tr>
<td>From approved campus list</td>
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<tr>
<td>Humanities and the Arts</td>
<td></td>
<td></td>
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<tr>
<td>From approved campus list</td>
<td></td>
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<tr>
<td>Social and Behavioral Sciences</td>
<td></td>
<td></td>
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<tr>
<td>From approved campus list</td>
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<td>6</td>
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<tr>
<td>Natural Sciences and Technology</td>
<td></td>
<td></td>
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<tr>
<td>From approved campus list</td>
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<td>6</td>
</tr>
<tr>
<td>Cultural Studies ¹</td>
<td></td>
<td></td>
</tr>
<tr>
<td>From Western cultures approved campus list</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>From non-Western cultures approved campus list</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>From U.S. minority cultures approved campus list</td>
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<td>3</td>
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<tr>
<td>Total Hours</td>
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¹ Courses in cultural studies may be completed through other categories where appropriate.

### Health Major Requirements

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<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>CHLH 101</td>
<td>Introduction to Public Health</td>
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<tr>
<td>CHLH 274</td>
<td>Introduction to Epidemiology</td>
<td>3</td>
</tr>
<tr>
<td>CHLH 456</td>
<td>Organization of Health Care</td>
<td>2-4</td>
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<td>KIN 122</td>
<td>Physical Activity and Health</td>
<td>3</td>
</tr>
<tr>
<td>RST 100</td>
<td>Recreation, Sport, and Tourism in Modern Society</td>
<td>3</td>
</tr>
<tr>
<td>SHS 170</td>
<td>Intro Hum Comm Sys &amp; Disorders</td>
<td>3</td>
</tr>
<tr>
<td>FSHN 120</td>
<td>Contemporary Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 100</td>
<td>Intro Psych</td>
<td>4</td>
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<tr>
<td>STAT 100</td>
<td>Statistics</td>
<td>3</td>
</tr>
<tr>
<td>REHB 330</td>
<td>Disability in American Society</td>
<td>3</td>
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<tr>
<td>IHLT 101</td>
<td>Introduction to i-Health</td>
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<td>IHLT 102</td>
<td>Survey of Interdisc Health</td>
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<tr>
<td>IHLT 375</td>
<td>Interdis Collab in Health Serv</td>
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<tr>
<td>IHLT 474</td>
<td>Pre-Field Experience in Health</td>
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<tr>
<td>IHLT 475</td>
<td>Field Experience in i-Health</td>
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<td>Total Hours</td>
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### Summary of Degree Requirements

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<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>General Education</td>
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<tr>
<td>Health Major Requirements</td>
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<tr>
<td>Concentration Requirements</td>
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</table>

Information listed in this catalog is current as of 06/2023
Free Electives
Code Title Hours
Free Electives 24-28
Total Hours 24-28

Course List
for the Epidemiology, MPH
Code Title Hours
CHLH 410 Public Health Practice 4
CHLH 469 Environmental Health 3 or 4
CHLH 550 Health Policy: United States 4
CHLH 568 Computer Packages in Health Research 2
CHLH 572 Principles of Epidemiology 4
CHLH 573 Biostatistics in Public Health 4
CHLH 576 Analytical Epidemiology 4
CHLH 578 Applied Epidemiology 4
CHLH 581 Professionalism in Public Health (2 semesters) 2
CHLH 582 Advanced Biostatistics 4
CHLH 587 MPH Applied Practice Experience 4
CHLH 589 MPH Integrative Learning Experience 2
Electives 2 courses, 3-4 hours each 8
Total Hours (minimum required) 48

Other Requirements
Required Courses: Required Hours
Minimum 500-level hours Required 12 (8 within the unit)
Overall:
Minimum GPA 3.0

Programs in Kinesiology and Community Health

Undergraduate Programs
- Majors
  - Community Health, BS (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/)
    - optional concentrations
      - Community Health: Health Education & Promotion, BS (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/)
      - Community Health: Health Planning & Administration, BS (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/)
      - Community Health: Rehabilitation Studies, BS (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/)
  - Kinesiology, BS (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/)
    - optional concentrations
      - Kinesiology: Teacher Certification, BS (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/teacher-certification/)
      - Interdisciplinary Health Sciences, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/)

- optional concentrations
  - Interdisciplinary Health Sciences: Health Aging, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/)
  - Interdisciplinary Health Sciences: Health Behavior Change, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/)
  - Interdisciplinary Health Sciences: Health Diversity, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-diversity/)
  - Interdisciplinary Health Sciences: Health Technology, BS (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-technology/)

- Minors
  - Disability Studies (http://catalog.illinois.edu/undergraduate/ahs/disability-studies/)
  - Health Administration (http://catalog.illinois.edu/undergraduate/ahs/minors/health-administration/)
  - Health Technology, Interdisciplinary (http://catalog.illinois.edu/undergraduate/ahs/minors/interdisciplinary-health-technology/)
  - Interdisciplinary Aging (http://catalog.illinois.edu/undergraduate/ahs/minors/aging/)
  - Kinesiology (http://catalog.illinois.edu/undergraduate/ahs/minors/kinesiology/)
  - Public Health (http://catalog.illinois.edu/undergraduate/ahs/minors/public-health/)

- Joint Programs
  - Community Health, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mph/)
  - Community Health, BS and Epidemiology, MPH (http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mph/)
  - Kinesiology, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mph/)
  - Kinesiology, BS and Epidemiology, MPH (http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mph/)
  - Interdisciplinary Health Sciences, BS and Public Health, MPH (http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-public-health-mph/)
  - Interdisciplinary Health Sciences, BS and Epidemiology, MPH (p. 1)

Graduate Programs
- Majors
  - Community Health, MS (http://catalog.illinois.edu/graduate/ahs/community-health-ms/)
  - Community Health, PhD (http://catalog.illinois.edu/graduate/ahs/community-health-phd/)
  - Epidemiology, MPH (http://catalog.illinois.edu/graduate/ahs/epidemiology-mph/)
  - Health Administration, MHA (http://catalog.illinois.edu/graduate/ahs/health-administration-mha/)

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- Health Technology, MS (http://catalog.illinois.edu/graduate/ahs/health-technology-ms/)
- Kinesiology, MS (http://catalog.illinois.edu/graduate/ahs/kinesiology-ms/)
- Kinesiology, PhD (http://catalog.illinois.edu/graduate/ahs/kinesiology-phd/)
- Rehabilitation, MS (http://catalog.illinois.edu/graduate/ahs/rehabilitation-ms/)
- Public Health, MPH (http://catalog.illinois.edu/graduate/ahs/public-health-mph/)

- Joint Programs
  - Public Health, MPH & Community Health, PhD (http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mp-h-community-health-phd/)
  - Public Health, MPH & Food Science & Human Nutrition, PhD (http://catalog.illinois.edu/graduate/aces_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mp-h/)
  - Public Health, MPH & Kinesiology, PhD (http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mp-h-kinesiology-phd/)
  - Public Health, MPH & Nutritional Science, PhD (http://catalog.illinois.edu/graduate/aces_ahs/nutritional-science-phd-public-health-mp-h/)
  - Public Health, MPH & Social Work, PhD (http://catalog.illinois.edu/graduate/ahs_sow/joint-degree/public-health-mp-h-social-work-phd/)
  - Public Health, MPH & Urban Planning, MUP (http://catalog.illinois.edu/graduate/ahs_faa/joint-degree/public-health-mp-h-urban-planning-mup/)

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Interdisciplinary Health Sciences
Department of Interdisciplinary Health Sciences website (https://ahs.illinois.edu/interdisciplinary-health-sciences/)
I-Health Faculty and Staff (http://ihealth.illinois.edu/faculty-staff/)

Public Health Program
Department Head: Kim Graber
Director of Graduate Studies: Steven Petruzzello
Director of Program: Pedro Hallal
Public Health Website (https://ahs.illinois.edu/mp-h-home/)
Graduate Office: Julie Jenkins
906 South Goodwin Ave, 112 Freer Hall MC-052, Urbana, IL 61801
(217) 333-1083
Graduate Email (jjenkins@illinois.edu)

College of Applied Health Sciences
Applied Health Sciences College Catalog Page (http://catalog.illinois.edu/schools/ahs/academic-units/)
Applied Health Sciences College Website (http://www.ahs.illinois.edu/)

Admissions
University of Illinois Undergrad Admissions (https://www.admissions.illinois.edu/)
MPH Admissions Questions email (mph-admissions@ahs.illinois.edu)

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