

# INTERDISCIPLINARY HEALTH SCIENCES, BS & EPIDEMIOLOGY, MPH

for the degrees of Bachelor of Science Major in Interdisciplinary Health Sciences and Master of Public Health in Epidemiology

Interdisciplinary Health Sciences (or I-Health) is a unique and innovative undergraduate program that reflects the trajectory of the healthcare industry. I-Health teaches students to look at health care more holistically and draw from the knowledge of several other fields to develop innovative new solutions to health-related problems. Graduates leave the program not only armed with a deep knowledge of biology and other sciences, but with the ability to comprehensively care for the whole person.

The Interdisciplinary Health Sciences, BS degree program includes a set of three concentrations, of which a student must complete at least one:

Health & Aging Concentration (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/>)

Health Behavior Change Concentration (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/>)

Health Diversity Concentration (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-diverse/>)

A 5 year BS MPH joint degree program is available for students majoring in Community Health, I-Health, or Kinesiology. Students apply for the program in the latter part of their third year (junior year) of study. Students accepted into the BS MPH joint degree program take 12 credit hours of coursework in their senior year that apply to both BS and MPH degrees. In the 5th year of study, students complete the remaining requirements for the MPH degree, and graduate simultaneously with both BS and MPH degrees. A summary of the requirements for the MPH degree is provided here (<http://catalog.illinois.edu/graduate/graduate-majors/community-health/master-pub-health/#degreerequirementstext>). The requirements are explained in more detail on the MPH program page (<http://www.mph.illinois.edu/Program/>). (<https://ahs.illinois.edu/how-to-apply-bs-mp/>)

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The curriculum requires certain existing courses from the approved lists be taken as noted below. The prescribed courses prepare the student for upper division study and may be used to satisfy General Education Requirements provided they are on the appropriate General Education List.

## for the Interdisciplinary Health Science, BS Summary of Degree Requirements

Code	Title	Hours
	General Education	36-39
	Health Major Requirements	42
	Concentration Requirements	22-23

Free Electives	24-28
<b>Total Hours</b>	<b>128</b>

The curriculum requires certain existing courses from the approved lists be taken as noted below. The prescribed courses prepare the student for upper division study and may be used to satisfy General Education Requirements provided they are on the appropriate General Education List.

## General Education Requirements

Code	Title	Hours
<b>Communication Arts</b>		
	Composition I	3-6
	Advanced Composition	3
<b>Quantitative Reasoning I &amp; II</b>		
	From approved campus list	6
<b>Humanities and the Arts</b>		
	From approved campus list	6
<b>Social and Behavioral Sciences</b>		
	From approved campus list	6
<b>Natural Sciences and Technology</b>		
	From approved campus list	6
<b>Cultural Studies</b> <sup>1</sup>		
	From Western cultures approved campus list	3
	From non-Western cultures approved campus list	3
	From U.S. minority cultures approved campus list	3
<b>Total Hours</b>		<b>39-42</b>

<sup>1</sup> Courses in cultural studies may be completed through other categories where appropriate.

Code	Title	Hours
<b>Health Major Requirements</b>		
CHLH 101		3
CHLH 274		3
CHLH 456		2-4
KIN 122		3
RST 100	Recreation, Sport, and Tourism in Modern Society	3
SHS 170	Intro Hum Comm Sys & Disorders	3
FSHN 120	Contemporary Nutrition	3
PSYC 100	Intro Psych	4
STAT 100	Statistics	3
REHB 330		3
IHLT 101		1
IHLT 102		1
IHLT 375		4
IHLT 474		1
IHLT 475		4
<b>Total Hours</b>		<b>42</b>

**Free Electives**

Code	Title	Hours
Free Electives		24-28
<b>Total Hours</b>		<b>24-28</b>

**Course List for the Epidemiology, MPH**

Code	Title	Hours
CHLH 410		4
CHLH 469		3 or 4
CHLH 550		4
CHLH 568		2
CHLH 572		4
CHLH 573		4
CHLH 576		4
CHLH 578		4
CHLH 581	(2 semesters)	2
CHLH 582		4
CHLH 587		4
CHLH 589		2
<b>Electives</b>	<b>2 courses, 3-4 hours each</b>	<b>8</b>
<b>Total Hours</b>	<b>(minimum required)</b>	<b>48</b>

**Other Requirements**

Required Courses:	Required Hours
Minimum 500-level hours Required	12 (8 within the unit)
Overall:	
Minimum GPA	3.0

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**Sample Sequence**

This sample sequence is intended to be used only as a guide for degree completion. All students should work individually with their academic advisors to decide the actual course selection and sequence that works best for them based on their academic preparation and goals. Enrichment programming such as study abroad, minors, internships, and so on may impact the structure of this plan. Course availability is not guaranteed during the semester indicated in the sample sequence.

Students must fulfill their Language Other Than English requirement by successfully completing a third level of a language other than English. For more information see the corresponding section on the Degree General and Education Requirements page (<http://catalog.illinois.edu/general-information/degree-general-education-requirements/>).

**First Year**

First Semester	Hours	Second Semester	Hours
IHLT 101		1 RST 100	3
IHLT 102		1 FSHN 120	3

KIN 122	3 Language Other than English (3rd level) or Composition I	4
CHLH 101	3 General Education course	3
Composition I or Language Other than English (3rd level)	4 Free Elective	3
General Education course	3 Free Elective	1
	<b>15</b>	<b>17</b>

**Second Year**

First Semester	Hours	Second Semester	Hours
PSYC 100		4 STAT 100	3
SHS 170		3 REHB 330	
General Education course		3 General Education course	3
Free Elective		3 General Education course	3
Free Elective		3 Free Elective course	4
	<b>16</b>	<b>13</b>	

**Third Year**

First Semester	Hours	Second Semester	Hours
CHLH 274		3 IHLT 375	4
Concentration Elective course		3 Concentration Elective course	4
General Education course		3 General Education course	3
Free Elective		3 Free Elective	3
Free Elective		3 Free Elective	2
	<b>15</b>	<b>16</b>	

**Fourth Year**

First Semester	Hours	Second Semester	Hours
IHLT 474		1 IHLT 475	4
CHLH 410		4 CHLH 469	3

CHLH 456	3 Concentration Elective course	3
Concentration Elective course	3 Concentration Elective course	3
Concentration Elective course	3 Free Elective	3
Concentration Elective course	3	
<b>17</b>		<b>16</b>

**Fifth Year**

First Semester	Hours	Second Semester	Hours	Summer Semester	Hours
CHLH 568		2 CHLH 550		4 CHLH 587	4
CHLH 572		4 CHLH 573		4 CHLH 589	2
CHLH 576		4 CHLH 581		1	
CHLH 578		4 CHLH 582		4	
CHLH 581		1 Free Elective from Approved List		3	
Free Elective from Approved List		3			
<b>18</b>		<b>16</b>		<b>6</b>	

**Total Hours 165**

**Programs in Kinesiology and Community Health**

**Undergraduate Programs**

- Majors
  - Community Health, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/>)
    - optional concentrations
      - Community Health: Health Education, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/>)
      - Community Health: Health Planning & Administration, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/>)
      - Community Health: Rehabilitation & Disability Studies, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/>)
  - Kinesiology, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/>)
    - optional concentrations
      - Kinesiology: Teacher Certification, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/teacher-certification/>)
  - Interdisciplinary Health Sciences, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/>)

- optional concentrations
  - Interdisciplinary Health Sciences: Health & Aging, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/>)
  - Interdisciplinary Health Sciences: Health Behavior Change, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/>)
  - Interdisciplinary Health Sciences: Health Diversity, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-diversity/>)
  - Interdisciplinary Health Sciences: Health Technology, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-technology/>)

- Minors
  - Disability Studies (<http://catalog.illinois.edu/undergraduate/ahs/minors/disability-studies/>)
  - Health Administration (<http://catalog.illinois.edu/undergraduate/ahs/minors/health-administration/>)
  - Health Technology, Interdisciplinary (<http://catalog.illinois.edu/undergraduate/ahs/minors/interdisciplinary-health-technology/>)
  - Interdisciplinary Aging (<http://catalog.illinois.edu/undergraduate/ahs/minors/aging/>)
  - Kinesiology (<http://catalog.illinois.edu/undergraduate/ahs/minors/kinesiology/>)
  - Public Health (<http://catalog.illinois.edu/undergraduate/ahs/minors/public-health/>)
- Joint Programs
  - Community Health, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mp/>)
  - Community Health, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mp/>)
  - Kinesiology, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mp/>)
  - Kinesiology, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mp/>)
  - Interdisciplinary Health Sciences, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-public-health-mp/>)
  - Interdisciplinary Health Sciences, BS and Epidemiology, MPH (p. 1)

**Graduate Programs**

- Majors
  - Community Health, MS (<http://catalog.illinois.edu/graduate/ahs/community-health-ms/>)
  - Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/community-health-phd/>)
  - Epidemiology, MPH (<http://catalog.illinois.edu/graduate/ahs/epidemiology-mp/>)
  - Health Administration, MHA (<http://catalog.illinois.edu/graduate/ahs/health-administration-mha/>)

- Health Technology, MS (<http://catalog.illinois.edu/graduate/ahs/health-technology-ms/>)
- Kinesiology, MS (<http://catalog.illinois.edu/graduate/ahs/kinesiology-ms/>)
- Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/kinesiology-phd/>)
- Rehabilitation, MS (<http://catalog.illinois.edu/graduate/ahs/rehabilitation-ms/>)
- Public Health, MPH (<http://catalog.illinois.edu/graduate/ahs/public-health-mph/>)
- Joint Programs
  - Public Health, MPH & Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mph-community-health-phd/>)
  - Public Health, MPH & Food Science & Human Nutrition, PhD ([http://catalog.illinois.edu/graduate/aces\\_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mph/](http://catalog.illinois.edu/graduate/aces_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mph/))
  - Public Health, MPH & Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mph-kinesiology-phd/>)
  - Public Health, MPH & Nutritional Science, PhD ([http://catalog.illinois.edu/graduate/aces\\_ahs/nutritional-science-phd-public-health-mph/](http://catalog.illinois.edu/graduate/aces_ahs/nutritional-science-phd-public-health-mph/))
  - Public Health, MPH & Social Work, PhD ([http://catalog.illinois.edu/graduate/ahs\\_socw/joint-degree/public-health-mph-social-work-phd/](http://catalog.illinois.edu/graduate/ahs_socw/joint-degree/public-health-mph-social-work-phd/))
  - Public Health, MPH & Urban Planning, MUP ([http://catalog.illinois.edu/graduate/ahs\\_faa/joint-degree/public-health-mph-urban-planning-mup/](http://catalog.illinois.edu/graduate/ahs_faa/joint-degree/public-health-mph-urban-planning-mup/))

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### **Interdisciplinary Health Sciences**

Department of Interdisciplinary Health Sciences website (<https://ahs.illinois.edu/interdisciplinary-health-sciences/>)  
I-Health Faculty and Staff (<http://ihealth.illinois.edu/faculty-staff/>)

### **Public Health Program**

Department Head: Kim Graber  
Director of Graduate Studies: Laura Rice  
Director of Program: Pedro Hallal  
Public Health Website (<https://ahs.illinois.edu/mph-home/>)

### **College of Applied Health Sciences**

Applied Health Sciences College Catalog Page (<http://catalog.illinois.edu/schools/ahs/academic-units/>)  
Applied Health Sciences College Website (<http://www.ahs.illinois.edu/>)

### **Admissions**

University of Illinois Undergrad Admissions (<https://www.admissions.illinois.edu/>)  
MPH Admissions Questions email ([mph-admissions@ahs.illinois.edu](mailto:mph-admissions@ahs.illinois.edu))