RECREATION, SPORT AND TOURISM

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The Department of Recreation, Sport and Tourism originated at the University of Illinois in 1940. Today, this program continues to rank nationally among the top three in the field, and takes pride in producing a large number of exceptional professionals in the field. The Department of Recreation, Sport and Tourism offers a bachelor of science degree with three areas of concentration: recreation management, sport management, and tourism management. The curriculum prepares students to design, manage, and deliver leisure services to a variety of populations in diverse settings and provides a firm foundation from which students may pursue graduate studies. A broad general education is emphasized and complemented with a core of professional courses. Beyond a strong core integrating leisure theory, management, and research, the program allows students to focus on a major market segment within the leisure and recreation field by choosing an area of concentration. A total of 128 hours is needed for graduation. For further information, contact the Department of Recreation, Sport and Tourism, 104 Huff Hall, 1206 S. Fourth Street, Champaign, IL 61820, (217) 333-4410.

Internship Program

All students in the Department of Recreation, Sport and Tourism must satisfactorily complete the Internship Program prior to graduation. The program is designed to augment formal classroom instruction with active experiential learning under the guidance of a university and an agency-based supervisor.

The program consists of two courses and a pre-internship field experience. The pre-internship program requires students to accumulate a minimum of 300 Hours of practical work experience in leisure service settings. It is strongly recommended that students begin acquiring field experiences as early in their academic career as possible. Students register for RST 480 in the first semester of their senior year. During this semester, students make final arrangements for completing RST 484, the Recreation, Sport and Tourism Practicum the following semester.

The practicum is taken after the student satisfactorily completes all course work including RST 480, and fulfills the pre-internship field experience. RST 484 is taken in agencies that are approved by the department and contracted for this program. Since a limited number of assignments for practica are available in the campus area, most students look forward to the opportunity of an off-campus assignment. Students have been placed across the United States and even abroad.

For the Degree of Bachelor of Science in Recreation, Sport and Tourism

Requirements Including General Education

The Campus Senate, the faculty General Education Board, and the colleges and departments are working to implement enhanced General Education requirements. Some changes in requirements are expected. Thus, new students should confirm their General Education requirements by consulting college and departmental offices, handbooks, or advisors. The Department of Recreation, Sport and Tourism also requires that certain courses from the approved lists be taken as noted below. The prescribed courses prepare the student for upper division study and may be used to satisfy General Education requirements provided they are on the appropriate General Education list.

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<th>Core Courses</th>
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<tr>
<td>RST 100</td>
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<th>Concentration Requirements</th>
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<td>Recreation Concentration</td>
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<td>RST 217</td>
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<td>400-level RST course in Comm Rec &amp; Planning</td>
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<td>Sport Concentration</td>
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<td>RST 130</td>
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<td>RST 354</td>
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<td>400-level RST course in Sport &amp; Devp</td>
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<td>Tourism Concentration</td>
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<td>RST 150</td>
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<th>Electives</th>
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<td>Restricted Electives: Departmental courses not required in the core or counted toward concentration requirement.</td>
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<tr>
<td>Free Electives: Any courses not counted toward core requirements, concentration requirements, or restricted electives.</td>
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<th>Internship</th>
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<td>RST 484</td>
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Summary of Degree Requirements

General Education | 36 |
Recreation, Sport and Tourism Core Courses | 39 |
Concentration Requirements | 9 |
Electives (12 of which are restricted electives) | 32 |
Internship | 12 |

Total Hours | 128 |

128 hours minimum required for graduation.

RST Class Schedule (https://courses.illinois.edu/schedule/DEFAULT/DEFAULT/RST)

Information listed in this catalog is current as of 04/2016
Courses

RST 100 RST in Modern Society credit: 3 Hours.
Central issues in defining leisure; historical, philosophical, sociological, psychological, and economic approaches to understanding leisure behavior, its meanings, social contexts, and personal and social resources. This course satisfies the General Education Criteria for:
UIUC: Social Sciences

RST 101 Orientation to RST credit: 1 Hour.
Introduction to Recreation, Sport and Tourism which provides an overview of the RST curriculum, areas of study, and opportunities available for a career in the field.

RST 110 Service Delivery in RST credit: 2 Hours.
Introduces students to the concepts, principles, and practices related to the provision of leisure services; description of the various fields of professional practices and basic elements of leisure service systems such as budgeting, planning, staffing, and characteristics of client populations.

RST 120 Foundations of Recreation credit: 3 Hours.
Examines historical and philosophical foundations of various organizations responsible for providing recreation opportunities and services. Program planning, evaluation, and marketing and financing strategies are examined in the public, not-for-profit and private recreation delivery systems.

RST 130 Foundations of Sport Mgt credit: 3 Hours.
Examines career opportunities within the sport industry and provides knowledge relevant to the management, marketing, legal, and financial operations of sport organizations. Incorporates applications in a variety of sport entities including intercollegiate athletics, campus recreation, event and facility management, professional sport, management and marketing agencies, and international sport.

RST 140 Nature and Wilderness credit: 2 Hours.
Origins of the nature and wilderness protection movements; philosophy behind nature conservation and outdoor activities; role of parks, outdoor recreation, and nature-tourism in contemporary life.

RST 150 Foundations of Tourism credit: 3 Hours.
Survey of travel and tourism with emphasis upon tourist behavior, motivations, preferences, decision-making, attractions, transportation services, facilities and information sources. Examines travel and tourism as an element of leisure service delivery from an interdisciplinary perspective.

RST 199 Undergraduate Open Seminar credit: 1 to 5 Hours.
Additional fees may apply. See Class Schedule. Approved for both letter and S/U grading. May be repeated.

RST 200 Leadership in RST credit: 2 Hours.
Leadership theories and practices as related to design and delivery of leisure programs. Processes of group development and interpersonal communication in leisure service organizations.

RST 216 Leisure and Technology credit: 3 Hours.
Focuses on the roles of technology in leisure and related industries and explores the impact of technology on leisure from both the consumer and producer perspectives. Reviews important technologies, discusses their use as transformative mechanisms, and considers their impact on leisure activities in society.

RST 217 Public Recreation credit: 3 Hours.
Course examines the public sector and its role in the provision of local park and recreation services. Students will explore its philosophical foundations, organizational structure, policy-making process, and the administrative tasks of public recreation providers.

RST 218 Entrepreneurship credit: 3 Hours.
In-depth study of the delivery of leisure services in the for-profit sector. Covers the scope and administrative functions of recreation enterprises, including an analysis of planning, controlling, and developing recreation enterprises.

RST 230 Diversity in Recreation, Sport, and Tourism credit: 3 Hours.
Course is designed to increase awareness and knowledge of the needs of members of ethnic and racial minorities, people of lower socio-economic status, women, older adults, people of alternative lifestyles, and people with disabilities when it comes to recreation, sport, and tourism services. It introduces students to concepts and factors that influence the delivery of recreation, sport, and tourism services to diverse populations. Same as HDFS 263 and KIN 230.

RST 242 Nature and American Culture credit: 3 Hours.
Appreciation and critique of cultural meanings associated with American natural landscapes. Traditional perspectives including colonial American, romantic, and science-based conservation are characterized, as well as revisionist themes aligned with gender, cultural pluralism, and societal meanings of parks and protected areas. Implications of diversity in cultural meanings toward nature are developed and provide the basis for assessing tenets of contemporary environmental policy and supporting concepts associated with community-based conservation. Same as HIST 282, LA 242, and NRES 242.
This course satisfies the General Education Criteria for:
UIUC: Western Compahr Cult

RST 255 Ethical Issues in RST credit: 2 Hours.
Explores ethical issues related to government, recreational sport, sport tourism and travel, journalism and media, education, coaching, and business. Students become familiar with concepts and principles of applied ethics and gain insight in to the complexity of ethical issues in recreation, sport and tourism.

RST 300 Leisure Programming credit: 3 Hours.
Develops understanding of the process of leisure/recreation programming and the practical aspects of program design and delivery. Prerequisite: RST 100.

RST 312 Discovery, Tourism and Travel credit: 3 Hours.
Same as HIST 315. See HIST 315.

RST 314 Introduction to Aging credit: 3 Hours.
Same as CHLH 314, HDFS 314, PSYC 314, and REHB 314. See CHLH 314.

RST 316 Leisure and Human Development credit: 3 Hours.
Examines changes in expressive style and behavior over the life course, and the interaction of leisure with developmental processes. Prerequisite: RST 100 or consent of instructor.

RST 320 Leisure Services Marketing credit: 3 Hours.
Application of marketing concepts to the delivery of leisure services. Introduces consumer decision theory analysis. Provides an integrative study of the methods and models for developing and evaluating alternative marketing strategies.
RST 330  Leisure and Consumer Culture  credit: 3 Hours.
Examination of contemporary patterns and meanings of leisure in a consumer society. Understanding of the impact of consumption on expressions of identity, gender, social class, race and ethnicity. This course satisfies the General Education Criteria for:
UIUC: Social Sciences
UIUC: Western Compartv Cult

RST 340  Facility Management in RST  credit: 3 Hours.
Basic understanding of park operations, facility design, construction, and maintenance practices; staff allocations, job analysis, contract administration, organizational structures. Prerequisite: RST 100 and RST 110.

RST 341  Community Recreation Planning  credit: 3 Hours.
Studies the outdoor recreational use of lands in the public domain and their planning, concepts, and processes related to planning resource based systems; multiple-use in planning; planning criteria for outdoor recreation facilities. Additional fees may apply. See Class Schedule. Prerequisite: Junior standing; or consent of instructor.

RST 346  Case Study: Endless Summer  credit: 3 Hours.
Same as KIN 346 and MACS 346. See KIN 346.

RST 351  Cultural Aspects of Tourism  credit: 3 Hours.
Development of the understanding of the relationships that exist between tourists, hosts and the cultural environments in which they interact. Studies the movements of peoples across cultural boundaries, as well as notions of cultural authenticity, modernity, image creation, social justice, diversity, and representation of social, racial and ethnic groups.

RST 354  Legal Aspects of Sport  credit: 3 or 4 Hours.
A study of legal principles and their impact on the sport industry; the course examines the application of different areas of law including tort, contract, constitutional, anti-trust, and intellectual property law to professional, amateur and recreational sport.

RST 357  Technology & Sport  credit: 3 Hours.
Same as HIST 343. See HIST 343.

RST 365  Civic Engagement in Wellness  credit: 3 Hours.
Same as AHS 365, CHLH 365, KIN 365, and SHS 370. See KIN 365.

RST 370  Research Methods & Analysis  credit: 3 Hours.
Educates students in principles of research design, data collection, measurement, methods of statistical analysis, techniques in summarizing data, and the interpretation and application of research findings to the field of Leisure Studies. This course satisfies the General Education Criteria for:
UIUC: Quant Reasoning II

RST 390  Honors  credit: 2 Hours.
Same as CHLH 390 and KIN 390. See KIN 390.

RST 393  Special Problems  credit: 1 to 3 Hours.
Special projects in research and independent investigation in any phase of health, physical education, recreation, or related areas selected by the student. May be repeated to a maximum of 6 hours. Prerequisite: Junior or senior standing; grade-point average of 3.0; consent of academic advisor, instructor, and head of department.

RST 410  Administration of Leisure Serv  credit: 3 or 4 Hours.
Development of overall leisure management function. Analysis of administration and policies such as organizational structure, executive leadership, decision-making, financing, and public relations. 3 or 4 undergraduate hours. 3 or 4 graduate hours. Prerequisite: Undergraduates: Completion of campus Composition I general education requirement and upper level standing. This course satisfies the General Education Criteria for:
UIUC: Advanced Composition

RST 420  HR Management in RST  credit: 3 Hours.
Concepts, principles, and objectives of supervision; the nature of the supervisory relationship; supervisory functions and processes; identification and application of methods and techniques; organizational and operational patterns of supervision in recreation and park settings. 3 undergraduate hours. No graduate credit.

RST 429  Contemporary Issues in RST  credit: 4 Hours.
Provides a capstone experience to encourage critical and creative thinking regarding knowledge students accrued from prior courses. The first eight weeks students will meet as a whole and focus on leisure concepts in general, and the second eight weeks students will focus on their specific concentration, (Sport Management, Tourism, or Community Recreation). 4 undergraduate hours. 4 graduate hours. Prerequisite: RST 120, or RST 130, or RST 150, and senior status.

RST 457  Tourism Development  credit: 4 Hours.
Examines tourism destination development process from both applied and conceptual perspectives. Emphasis placed on creating development strategies that evaluate destination potential and consider travel destination choice behavior. 4 undergraduate hours. 4 graduate hours. Field trip required. Prerequisite: RST 150 or consent of instructor.

RST 480  Orientation to Practicum  credit: 1 Hour.
Prepares and places students in the Leisure Studies Practicum. Students must document completion of 300 hours of field work. Topics include placement requirements and policies, resumes, interviewing, letters of application, and the role and issues of professional practice. 1 undergraduate hour. 1 graduate hour. Prerequisite: Junior standing; RST 100 and RST 110.

RST 484  Practicum  credit: 12 Hours.
Students are assigned to University-approved field training stations in an internship capacity for a minimum of forty hours per week for sixteen weeks. Both the agency and the University provide supervision. 12 undergraduate hours. 12 graduate hours. Approved for S/U grading only. Prerequisite: Senior standing; RST 480 and RST 410.