

# COMMUNITY HEALTH

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The Community Health Program at the University of Illinois prepares students in the ever changing world of health care and health behavior as practitioners and offers three concentrations at the undergraduate level: Health Education and Promotion, Health Planning and Administration, and Rehabilitation Studies. All curricula are built on a foundation of general education courses which emphasize communication skills and critical thinking. The Professional Core courses are designed to help students develop skills in planning, implementation, and evaluation in the context of health services and programs. Students must complete an internship during their senior year in a setting related to the degree and their interests. Recent internship sites have included the American Heart Association, the American Red Cross, hospitals, nursing homes, fitness centers, work site health education programs, and substance abuse prevention centers.

Further information is available from the Academic Affairs Office, Department of Kinesiology and Community Health, University of Illinois at Urbana-Champaign, 1206 S. Fourth Street, 2021 Khan Annex, Huff Hall, Champaign, IL 61820, (217) 333-2307.

A 5 year BS MPH joint degree program is available for students majoring in Community Health, I-Health, or Kinesiology. Students apply for the program in the latter part of their third year (junior year) of study. Students accepted into the BS MPH joint degree program take 12 credit hours of coursework in their senior year that apply to both BS and MPH degrees. In the 5th year of study, students complete the remaining requirements for the MPH degree, and graduate simultaneously with both BS and MPH degrees. A summary of the requirements for the MPH degree is provided here (<http://catalog.illinois.edu/graduate/graduate-majors/community-health/master-pub-health>). The requirements are explained in more detail on the MPH program website: <http://www.mph.illinois.edu/Program/>.

## For the Degree of Bachelor of Science in Community Health

### Requirements Including General Education

The Community Health Program requires certain courses from the approved lists be taken as noted below. The prescribed courses prepare the student for upper division study and may be used to satisfy General Education Requirements provided they are on the appropriate General Education List.

#### Communication Arts

Composition I and an approved speech performance course; or CMN 111 and CMN 112 6-7

Advanced Composition (CHLH 304 fulfills requirement) 3-4

#### Quantitative Reasoning I & II

From approved campus list (must include a course in statistics from approved campus list) (CHLH 244 and CHLH 421 fulfills requirement) 6

<b>Humanities and the Arts</b>	
From approved campus list (CHLH 260 fulfills 3 hours of requirement)	9
<b>Social and Behavioral Sciences</b>	
From approved campus list	9
<b>Natural Sciences and Technology</b>	
From approved campus list	9
<b>Cultural Studies</b> <sup>1</sup>	
From Western cultures approved campus list	3
From U.S. minority cultures or non-Western cultures approved campus list	3
Foreign Language: Completion through the third level of the same language in high school or college	
<b>Total Hours</b>	<b>48-50</b>

<sup>1</sup> Courses in cultural studies may be completed through other categories where appropriate.

## Kinesiology and Community Health Department Core Requirements

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CHLH 101	Introduction to Public Health	3
KIN 122	Physical Activity and Health	3
<b>Community Health Program Core Requirements</b>		
CHLH 100	Contemporary Health	3
CHLH 125	Orientation KIN & Comm Health	1
CHLH 201	Public Health Research Methods	3
CHLH 210	Community Health Organizations	2
CHLH 250	Health Care Systems	3
CHLH 274	Introduction to Epidemiology	3
CHLH 304	Foundations of Health Behavior	4
CHLH 410	Public Health Practice	4
CHLH 421	Health Data Analysis	3 or 4

### Areas of Concentration

- Health Education and Promotion (<http://catalog.illinois.edu/undergraduate/ahs/departments/ch-kines/ch/health-education-promotion>)
- Health Planning and Administration (<http://catalog.illinois.edu/undergraduate/ahs/departments/ch-kines/ch/health-planning-administration>)
- Rehabilitation Studies (<http://catalog.illinois.edu/undergraduate/ahs/departments/ch-kines/ch/rehabilitation-studies>)

### Correlate Areas

Each student completes correlates that are planned with the assigned advisor. These courses are designed to enhance and support career goals.

Select courses from the departmentally approved list. 18

### Summary of Degree Requirements

General Education	48-50
Kinesiology and Community Health Core	6
Community Health Professional Core	26

Information listed in this catalog is current as of 07/2017

Area of Concentration	18
Correlate area	18
Free electives	10-12
Total Hours	128

CHLH Class Schedule (<https://courses.illinois.edu/schedule/DEFAULT/DEFAULT/CHLH>)

## Courses

### CHLH 100 Contemporary Health credit: 3 Hours.

Examines concepts of health and health promotion in contemporary society with emphasis on a healthy lifestyle for individuals and groups. Topics include self care, health insurance, exercise, nutrition and weight control, sexuality, contraception, tobacco, alcohol, cardiovascular health, infectious diseases, and cancer.

This course satisfies the General Education Criteria for:  
Social Beh Sci - Soc Sci

### CHLH 101 Introduction to Public Health credit: 3 Hours.

Introduction to the nation's public health system; includes an overview of the basic concepts and core functions of public health practice, the scope of applications, and the variety of service organizations (both public and private) that shape public health.

This course satisfies the General Education Criteria for:  
Social Beh Sci - Soc Sci

### CHLH 110 Intro to the Health Sciences credit: 3 Hours.

This elective course provides students with a general overview of the day to day job requirements and responsibilities of variety of allied healthcare professionals and how they interact with other members of the healthcare team. Students will also learn about the wide variety of practice settings available along the continuum of care. Through the course, students will learn basic medical terminology, concepts and skills in preparation for internships and graduate school. Same as KIN 110.

### CHLH 125 Orientation KIN & Comm Health credit: 1 Hour.

Serves as an introduction to the Kinesiology and Community Health Department and provides an overview of the Kinesiology and Community Health curricula, areas of study, and opportunities available for careers in the field. Enrollment required for Community Health freshmen and transfer students. Credit is not given for both CHLH 125 and KIN 125.

### CHLH 199 Undergraduate Open Seminar credit: 1 to 5 Hours.

Approved for letter and S/U grading. May be repeated up to a maximum of 10 hours.

### CHLH 200 Mental Health credit: 2 Hours.

Introduction to the science of mental health and illness including personality development, the genesis and manifestations of mental illness, and the maintenance of mental health; taught with an emphasis on the preventive and medical aspects of mental health.

### CHLH 201 Public Health Research Methods credit: 3 Hours.

This course is designed to provide students with an introduction to the basic principles and concepts underlying research methods on public health. Topics include conceptualization, measurement, research design, sampling, evaluation, data sources and ethics. The students will be exposed to a wide range of quantitative, and mixed methods.

### CHLH 206 Human Sexuality credit: 2 Hours.

Emphasizes the behavioral aspects of human sexuality. Topics include: birth control; prenatal care, pregnancy and childbirth; sex roles; premarital sex; lifestyles; marriage and divorce.

### CHLH 210 Community Health Organizations credit: 2 Hours.

Overview of institutions and agencies which provide health information, education, services, and care. Includes historical foundations, constituencies, organizational goals and structure, funding and expenditures, modes of service delivery, political and ethical issues.

### CHLH 243 Drug Use and Abuse credit: 2 Hours.

Introduction to the biological, psychological, pharmacological, and legal aspects of drug use and abuse; surveys community and university resources concerned with drug use and abuse; emphasizes personal and social actions for responsible drug use.

### CHLH 244 Health Statistics credit: 3 Hours.

Introduction to biostatistics. Students learn concepts necessary to understand statistical inference as applied to health issues.

This course satisfies the General Education Criteria for:  
Quantitative Reasoning I

### CHLH 250 Health Care Systems credit: 3 Hours.

Overview of the major issues confronting health care systems from a macro perspective. Identification and analysis of the functions, major participants and trends in health care systems in the United States and abroad. Attention on current and emerging issues having implications for health care systems in industrialized nations.

### CHLH 260 Introduction to Medical Ethics credit: 3 Hours.

Course stresses normative bioethics: decisions about what is ethical behavior in a variety of real and practical issues. Analysis of medical ethical cases at the individual, community and wider national and international levels will be addressed. Approved for both letter and S/U grading.

This course satisfies the General Education Criteria for:  
Humanities ? Hist Phil

### CHLH 274 Introduction to Epidemiology credit: 3 Hours.

Basic concepts and methods of epidemiology; patterns of disease occurrence; applications of epidemiology to health education, health services administration and planning, health policy, and environmental health.

This course satisfies the General Education Criteria for:  
Quantitative Reasoning I

### CHLH 304 Foundations of Health Behavior credit: 4 Hours.

Examination of the application of the social and behavioral sciences to health and health behavior. Psychological, social psychological, and sociological approaches to health behavior are analyzed. Topics covered include development of health attitudes and behaviors, perceptions of health and illness, methods of changing health behavior and patient-provider interaction. Prerequisite: CHLH 100, or consent of instructor; completion of the campus Composition I requirement.

This course satisfies the General Education Criteria for:  
Social Beh Sci - Beh Sci  
Advanced Composition

### CHLH 314 Introduction to Aging credit: 3 Hours.

A multidisciplinary introduction to the study of aging; the social, psychological and physiological context of changing roles in later life; public and private policies that affect older people and their families. Same as HDFS 314, RST 314, PSYC 314, and REHB 314.

### CHLH 330 Disability in American Society credit: 3 Hours.

Same as REHB 330. See REHB 330.

This course satisfies the General Education Criteria for:  
Social Beh Sci - Soc Sci

### CHLH 336 Tomorrow's Environment credit: 3 Hours.

Same as CPSC 336 and ENVS 336. See CPSC 336.

**CHLH 340 Health Promotion Practicum credit: 3 Hours.**

Preparation and presentation of lifestyle workshops to campus community groups. Practica selected from one or more of the following topics: chemical education, sexuality, stress management or campus acquaintance rape education (CARE). Same as SOCW 350. Approved for both letter and S/U grading. May be repeated to a maximum of 6 hours. Prerequisite: Junior standing or consent of instructor.

**CHLH 365 Civic Engagement in Wellness credit: 3 Hours.**

Same as AHS 365, KIN 365, RST 365, and SHS 370. See KIN 365.

**CHLH 380 Orientation to Internship credit: 1 Hour.**

Provides students with information concerning placement in internship. Topics include internship requirements; student responsibilities; preparation of resumes and cover letters; selecting an organization or site; interviewing; issues of professional development. Prerequisite: Junior standing.

**CHLH 390 Honors credit: 2 Hours.**

Same as KIN 390 and RST 390. See KIN 390.

**CHLH 393 Special Projects credit: 2 or 3 Hours.**

Special projects in research and independent investigation in any phase of health, kinesiology, recreation, and related areas selected by the students. May be repeated to a maximum of 12 hours.

**CHLH 402 Cancer Epidemiology credit: 3 or 4 Hours.**

Class on cancer epidemiology will address the investigation of the descriptive and analytic epidemiology of cancer. It will include information on the development of malignancy and characteristics of tumor cells. The investigation of the relationship between various risk and protective factors and the development of different types of cancer will be discussed in an epidemiologic context. The role of primary prevention and secondary prevention (screening) will also be covered. 3 undergraduate hours. 4 graduate hours. Prerequisite: Previous or concurrent class in epidemiology or consent of instructor. Junior standing or above.

**CHLH 404 Gerontology credit: 3 or 4 Hours.**

Interdisciplinary approach to the study of aging and the aged from physiological, psychological, and social perspectives. Same as HDFS 404. 3 or 4 undergraduate hours. 3 or 4 graduate hours.

**CHLH 405 Aging with Disability credit: 3 or 4 Hours.**

Due to improvements in medical management, persons with disabilities are living longer lives. They, however, face new problems and impairments. This course will explore the psychological and physical changes persons with disabilities face as they age. In addition, the course examines the impact that aging with disability has on the US healthcare system, legislation and healthcare professionals. 3 undergraduate hours. 4 graduate hours.

**CHLH 407 Disability, Culture & Society credit: 3 or 4 Hours.**

Examines the cultural and social contexts of disability, their consequences for the experience and management of disability, and implications for cultural competence in disability-related research and practice. Same as ANTH 404, KIN 407, and REHB 407. 3 or 4 undergraduate hours. 3 or 4 graduate hours.

**CHLH 409 Women's Health credit: 3 Hours.**

Examines the culture of women in relationship to their health. Study is devoted to selected health care issues, developmental and physiological changes in the life cycle, health problems that affect women, and the maintenance of health. Same as GWS 409. 3 undergraduate hours. 3 graduate hours. Prerequisite: CHLH 100 or equivalent; or consent of instructor.

**CHLH 410 Public Health Practice credit: 4 Hours.**

Theory and practice of public health promotion as they relate to educational approaches in solving community health problems. 4 undergraduate hours. 4 graduate hours. Prerequisite: CHLH 210 or consent of instructor.

**CHLH 415 International Health credit: 3 or 4 Hours.**

Explores the various factors that impact the health of populations around the world. Political, cultural, social, environmental and other domains will be examined in relation to how they affect the health of residents of various countries. 3 or 4 undergraduate hours. 3 or 4 graduate hours.

**CHLH 421 Health Data Analysis credit: 3 or 4 Hours.**

Introduces health data analysis, sources and uses of health data, collection techniques and classification procedures, commonly used health indices, techniques of rate adjustment, graphic presentation of data as they relate to the planning, conducting, and evaluating of community health programs. 3 or 4 undergraduate hours. 3 or 4 graduate hours. Prerequisite: Quantitative Reasoning I course or equivalent. This course satisfies the General Education Criteria for: Quantitative Reasoning II

**CHLH 429 Research Techniques credit: 4 Hours.**

Study of the ethics of research, research literature, research designs, and health measurement techniques utilized in the public health sciences. Emphasizes developing skills in analyzing research and assessment of health behaviors, and problem identification and research design for individual student research projects. 4 undergraduate hours. 4 graduate hours. Prerequisite: CHLH 590, or SOC 485, or EPSY 480; or equivalent.

**CHLH 439 Health Applications of GIS credit: 3 Hours.**

Same as GEOG 439 and PATH 439. See PATH 439.

**CHLH 444 LGBT Indiv, Fam & Community credit: 3 or 4 Hours.**

Same as HDFS 444. See HDFS 444.

**CHLH 448 Exercise & Health Psychology credit: 3 or 4 Hours.**

Same as KIN 448. See KIN 448.

**CHLH 455 Health Services Financing credit: 3 Hours.**

Examines major topics and emerging trends in health financing, including sources of revenue, public and private financing organizations, reimbursement and sources of revenue to health providers, and capital financing in the health care industry. 3 undergraduate hours. 3 graduate hours. Prerequisite: Junior standing.

**CHLH 456 Organization of Health Care credit: 2 to 4 Hours.**

Examines types and performance of health care organizations (e.g., doctors' offices, clinics, hospitals, and nursing homes), networks of health services, evaluation of health care, and social policy issues relating to organizations in the U. S. health care system. Same as SOC 476. 2 to 4 undergraduate hours. 2 to 4 graduate hours.

**CHLH 457 Health Planning credit: 3 Hours.**

Survey of the history and objectives of health planning as related to medical care delivery in the United States; methods of health, institutional and community planning; planning and marketing concepts and methods; analysis of consumer behavior, public policies, and private competitive forces. Same as SOCW 457. 3 undergraduate hours. 3 graduate hours. Prerequisite: CHLH 250 and junior standing.

**CHLH 458 Health Administration credit: 3 Hours.**

Examines management principles relative to health care institutions emphasizing goal setting, decision making, system analysis, organizational structure, conflict resolution, and leadership theories. 3 undergraduate hours. 3 graduate hours. Prerequisite: Senior or graduate standing, or consent of instructor.

**CHLH 461 Environ Toxicology & Health credit: 3 Hours.**

Same as ENVS 431 and IB 485. See IB 485.

**CHLH 465 Social Marketing Health&Behav credit: 3 or 4 Hours.**

Same as CMN 465. See CMN 465.

**CHLH 469 Environmental Health credit: 3 or 4 Hours.**

Appreciation of the concepts and mechanisms used to prevent or control environmental conditions that may lead to infectious or other environmentally induced diseases. Presents topics from a public health perspective that include air pollution, water supply management, waste management, radiation protection, food hygiene, occupational health and disaster management. Same as ENVS 469. 3 or 4 undergraduate hours. 3 or 4 graduate hours. Prerequisite: CHLH 274 or equivalent.

**CHLH 473 Immigration, Health & Society credit: 3 or 4 Hours.**

Same as LLS 473, SOC 473, and SOCW 473. See LLS 473.

**CHLH 474 Principles of Epidemiology credit: 4 Hours.**

Investigation of descriptive epidemiologic techniques (comparisons of disease rates in different populations) and analytic study designs (case-control and cohort studies and randomized trials). Applications to and examples from infectious and chronic diseases are presented. Group exercises involving the investigation of epidemiologic problems and application of analytic epidemiologic techniques are performed. Same as ENVS 474 and PATH 474. 4 undergraduate hours. 4 graduate hours. Prerequisite: One statistics course.

**CHLH 485 Community Health Internship credit: 8 Hours.**

Supervised field experience in official, voluntary and professional health agencies; designed to provide students with work experience in actual field situations. Students work in University approved health agencies for a minimum of 320 undergraduate hours. 8 undergraduate hours. 8 graduate hours. Approved for S/U grading. Prerequisite: Senior standing in Community Health.

**CHLH 494 Special Topics credit: 1 to 4 Hours.**

Lecture course in topics of current interest; specific subject matter announced in the Class Schedule. 1 to 4 undergraduate hours. 1 to 4 graduate hours. May be repeated.