COMMUNITY HEALTH

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The Community Health Program at the University of Illinois prepares students in the ever changing world of health care and health behavior as practitioners and offers three concentrations at the undergraduate level: Health Education and Promotion, Health Planning and Administration, and Rehabilitation Studies. All curricula are built on a foundation of general education courses which emphasize communication skills and critical thinking. The Professional Core courses are designed to help students develop skills in planning, implementation, and evaluation in the context of health services and programs. Students must complete an internship during their senior year in a setting related to the degree and their interests. Recent internship sites have included the American Heart Association, the American Red Cross, hospitals, nursing homes, fitness centers, work site health education programs, and substance abuse prevention centers.

Further information is available from the Academic Affairs Office, Department of Kinesiology and Community Health, University of Illinois at Urbana-Champaign, 1206 S. Fourth Street, 2021 Khan Annex, Huff Hall, Champaign, IL 61820, (217) 333-2307.

A 5 year BS MPH joint degree program is available for students majoring in Community Health, I-Health, or Kinesiology. Students apply for the program in the latter part of their junior year (junior year) of study. Students accepted into the BS MPH joint degree program take 12 credit hours of coursework in their senior year that apply to both BS and MPH degrees. In the 5th year of study, students complete the remaining requirements for the MPH degree, and graduate simultaneously with both BS and MPH degrees. A summary of the requirements for the MPH degree is provided here (http://catalog.illinois.edu/graduate/graduate-majors/community-health/master-pub-health). The requirements are explained in more detail on the MPH program website: http://www.mph.illinois.edu/Program/.

For the Degree of Bachelor of Science in Community Health

Requirements Including General Education

The Community Health Program requires certain courses from the approved lists be taken as noted below. The prescribed courses prepare the student for upper division study and may be used to satisfy General Education Requirements provided they are on the appropriate General Education List.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Communication Arts</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Composition I and an approved speech performance course; or CMN 111 and CMN 112</td>
<td>6-7</td>
</tr>
<tr>
<td></td>
<td>Advanced Composition (CHLH 304 fulfills requirement)</td>
<td>3-4</td>
</tr>
</tbody>
</table>

From approved campus list (must include a course in statistics from approved campus list) (CHLH 244 and CHLH 421 fulfills requirement)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Humanities and the Arts</td>
<td></td>
</tr>
<tr>
<td></td>
<td>From approved campus list (CHLH 260 fulfills 3 hours of requirement)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Social and Behavioral Sciences</td>
<td></td>
</tr>
<tr>
<td></td>
<td>From approved campus list</td>
<td>9</td>
</tr>
<tr>
<td></td>
<td>Natural Sciences and Technology</td>
<td></td>
</tr>
<tr>
<td></td>
<td>From approved campus list</td>
<td>9</td>
</tr>
<tr>
<td></td>
<td>Cultural Studies</td>
<td></td>
</tr>
<tr>
<td></td>
<td>One course from Non-Western Cultures approved campus list</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>One course from U.S. Minority Cultures approved campus list</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>One course from Western Cultures approved campus list</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Foreign Language: Completion through the third level of the same language in high school or college</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Total Hours</td>
<td>51-53</td>
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</tbody>
</table>

1 Courses in cultural studies may be completed through other categories where appropriate.

Kinesiology and Community Health Department Core Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Community Health Program Core Requirements</td>
<td></td>
</tr>
<tr>
<td>CHLH 100</td>
<td>Contemporary Health</td>
<td>3</td>
</tr>
<tr>
<td>CHLH 125</td>
<td>Orientation KIN &amp; Comm Health</td>
<td>1</td>
</tr>
<tr>
<td>CHLH 201</td>
<td>Public Health Research Methods</td>
<td>3</td>
</tr>
<tr>
<td>CHLH 210</td>
<td>Community Health Organizations</td>
<td>2</td>
</tr>
<tr>
<td>CHLH 250</td>
<td>Health Care Systems</td>
<td>3</td>
</tr>
<tr>
<td>CHLH 274</td>
<td>Introduction to Epidemiology</td>
<td>3</td>
</tr>
<tr>
<td>CHLH 304</td>
<td>Foundations of Health Behavior</td>
<td>4</td>
</tr>
<tr>
<td>CHLH 410</td>
<td>Public Health Practice</td>
<td>4</td>
</tr>
<tr>
<td>CHLH 421</td>
<td>Health Data Analysis</td>
<td>3</td>
</tr>
</tbody>
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Kinesiology and Community Health Department Core Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHLH 101</td>
<td>Introduction to Public Health</td>
<td>3</td>
</tr>
<tr>
<td>KIN 122</td>
<td>Physical Activity and Health</td>
<td>3</td>
</tr>
</tbody>
</table>

Areas of Concentration

- Health Education and Promotion (http://catalog.illinois.edu/undergraduate/ahs/departments/ch-kines/ch/health-education-promotion)
- Health Planning and Administration (http://catalog.illinois.edu/undergraduate/ahs/departments/ch-kines/ch/health-planning-administration)
- Rehabilitation Studies (http://catalog.illinois.edu/undergraduate/ahs/departments/ch-kines/ch/rehabilitation-studies)

Correlate Areas

Each student completes correlates that are planned with the assigned advisor. These courses are designed to enhance and support career goals.
Introduction to the science of mental health and illness including personality development, the genesis and manifestations of mental illness, and the maintenance of mental health; taught with an emphasis.

CHLH 200  Mental Health  credit: 2 Hours.
Introduction to the science of mental health and illness including personality development, the genesis and manifestations of mental illness, and the maintenance of mental health; taught with an emphasis on the preventive and medical aspects of mental health.

CHLH 201  Public Health Research Methods  credit: 3 Hours.
This course is designed to provide students with an introduction to the basic principles and concepts underlying research methods on public health. Topics include conceptualization, measurement, research design, sampling, evaluation, data sources and ethics. The students will be exposed to a wide range of quantitative, and mixed methods.

CHLH 206  Human Sexuality  credit: 2 Hours.
Emphasizes the behavioral aspects of human sexuality. Topics include: birth control; prenatal care, pregnancy and childbirth; sex roles; premarital sex; lifestyles; marriage and divorce.

CHLH 210  Community Health Organizations  credit: 2 Hours.
Overview of institutions and agencies which provide health information, education, services, and care. Includes historical foundations, constituencies, organizational goals and structure, funding and expenditures, modes of service delivery, political and ethical issues.

CHLH 243  Drug Use and Abuse  credit: 2 Hours.
Introduction to the biological, psychological, pharmacological, and legal aspects of drug use and abuse; surveys community and university resources concerned with drug use and abuse; emphasizes personal and social actions for responsible drug use.

CHLH 244  Health Statistics  credit: 3 Hours.
Introduction to biostatistics. Students learn concepts necessary to understand statistical inference as applied to health issues. This course satisfies the General Education Criteria for: Quantitative Reasoning I

CHLH 250  Health Care Systems  credit: 3 Hours.
Overview of the major issues confronting health care systems from a macro perspective. Identification and analysis of the functions, major participants and trends in health care systems in the United States and abroad. Attention on current and emerging issues having implications for health care systems in industrialized nations.

CHLH 260  Introduction to Medical Ethics  credit: 3 Hours.
Course stresses normative bioethics: decisions about what is ethical behavior in a variety of real and practical issues. Analysis of medical ethical cases at the individual, community and wider national and international levels will be addressed. Approved for both letter and S/U grading.
This course satisfies the General Education Criteria for: Humanities - Hist Phil

CHLH 274  Introduction to Epidemiology  credit: 3 Hours.
Basic concepts and methods of epidemiology; patterns of disease occurrence; applications of epidemiology to health education, health services administration and planning, health policy, and environmental health.
This course satisfies the General Education Criteria for: Quantitative Reasoning I

CHLH 304  Foundations of Health Behavior  credit: 4 Hours.
Examination of the application of the social and behavioral sciences to health and health behavior. Psychological, social psychological, and sociological approaches to health behavior are analyzed. Topics covered include development of health attitudes and behaviors, perceptions of health and illness, methods of changing health behavior and patient-provider interaction. Prerequisite: CHLH 100, or consent of instructor; completion of the campus Composition I requirement.
This course satisfies the General Education Criteria for: Social Beh Sci - Beh Sci

Advanced Composition
CHLH 314  Introduction to Aging  credit: 3 Hours.
A multidisciplinary introduction to the study of aging; the social,
psychological and physiological context of changing roles in later life;
public and private policies that affect older people and their families. Same
as HDFS 314, RST 314, PSYC 314, and REHB 314.

CHLH 330  Disability in American Society  credit: 3 Hours.
Same as REHB 330. See REHB 330.
This course satisfies the General Education Criteria for:
Social Beh Sci - Soc Sci

CHLH 336  Tomorrow's Environment  credit: 3 Hours.
Same as CS 336 and ENVS 336. See CPSC 336.

CHLH 340  Health Promotion Practicum  credit: 3 Hours.
Preparation and presentation of lifestyle workshops to campus
community groups. Practica selected from one or more of the following
topics: chemical education, sexuality, stress management or campus
acquaintance rape education (CARE). Same as SOCW 350. Approved for
both letter and S/U grading. May be repeated to a maximum of 6 hours.
Prerequisite: Junior standing or consent of instructor.

CHLH 365  Civic Engagement in Wellness  credit: 3 Hours.
Same as AHS 365, KIN 365, RST 365, and SHS 370. See KIN 365.

CHLH 380  Orientation to Internship  credit: 1 Hour.
Provides students with information concerning placement in internship.
Topics include internship requirements; student responsibilities;
preparation of resumes and cover letters; selecting an organization or
site; interviewing; issues of professional development. Prerequisite:
Junior standing.

CHLH 390  Honors  credit: 2 Hours.
Same as KIN 390 and RST 390. See KIN 390.

CHLH 393  Special Projects  credit: 2 or 3 Hours.
Special projects in research and independent investigation in any phase
of health, kinesiology, recreation, and related areas selected by the
students. May be repeated to a maximum of 12 hours.

CHLH 402  Cancer Epidemiology  credit: 3 or 4 Hours.
Class on cancer epidemiology will address the investigation of
the descriptive and analytic epidemiology of cancer. It will include
information on the development of malignancy and characteristics
of tumor cells. The investigation of the relationship between various
risk and protective factors and the development of different types
of cancer will be discussed in an epidemiologic context. The role of
primary prevention and secondary prevention (screening) will also be
covered. 3 undergraduate hours. 4 graduate hours. Prerequisite: Previous
or concurrent class in epidemiology or consent of instructor. Junior
standing or above.

CHLH 404  Gerontology  credit: 3 or 4 Hours.
Interdisciplinary approach to the study of aging and the aged from
physiological, psychological, and social perspectives. Same as
HDFS 404. 3 or 4 undergraduate hours. 3 or 4 graduate hours.

CHLH 405  Aging with Disability  credit: 3 or 4 Hours.
Due to improvements in medical management, persons with disabilities
are living longer lives. They, however, face new problems and
impairments. This course will explore the psychological and physical
changes persons with disabilities face as they age. In addition, the course
examines the impact that aging with disability has on the US healthcare
system, legislation and healthcare professionals. 3 undergraduate hours.
4 graduate hours.

CHLH 407  Disability, Culture & Society  credit: 3 or 4 Hours.
Examines the cultural and social contexts of disability, their
consequences for the experience and management of disability, and
implications for cultural competence in disability-related research
and practice. Same as ANTH 404, KIN 407, and REHB 407. 3 or 4
undergraduate hours. 3 or 4 graduate hours.

CHLH 409  Women's Health  credit: 3 Hours.
Examines the culture of women in relationship to their health. Study is
devoted to selected health care issues, developmental and physiological
changes persons face as they age. In addition, the course
explores the physical, psychological and social perspectives. Same as
HDFS 409. 3 undergraduate hours. 3 graduate hours. Prerequisite: CHLH 100 or equivalent; or consent of
instructor.

CHLH 410  Public Health Practice  credit: 4 Hours.
Theory and practice of public health promotion as they relate to
educational approaches in solving community health problems. 4
undergraduate hours. 4 graduate hours. Prerequisite: CHLH 210 or
consent of instructor.

CHLH 415  International Health  credit: 3 or 4 Hours.
Explores the various factors that impact the health of populations around
the world. Political, cultural, social, environmental and other domains
will be examined in relation to how they affect the health of residents of
various countries. 3 or 4 undergraduate hours. 3 or 4 graduate hours.

CHLH 421  Health Data Analysis  credit: 3 or 4 Hours.
Introduces health data analysis, sources and uses of health data,
collection techniques and classification procedures, commonly used
health indices, techniques of rate adjustment, graphic presentation of
data as they relate to the planning, conducting, and evaluating of
community health programs. 3 or 4 undergraduate hours. 3 or 4 graduate
hours. Prerequisite: Quantitative Reasoning I course or equivalent.
This course satisfies the General Education Criteria for:
Quantitative Reasoning II

CHLH 429  Research Techniques  credit: 4 Hours.
Study of the ethics of research, research literature, research designs, and
health measurement techniques utilized in the public health sciences.
Emphasizes developing skills in analyzing research and assessment
of health behaviors, and problem identification and research design for
individual student research projects. 4 undergraduate hours. 4 graduate hours.
Prerequisite: CHLH 590, or SOC 485, or EPSY 480; or equivalent.

CHLH 439  Health Applications of GIS  credit: 3 Hours.
Same as GEOG 439 and PATH 439. See PATH 439.

CHLH 444  LGBT Indiv, Fam & Community  credit: 3 or 4 Hours.
Same as HDFS 444. See HDFS 444.

CHLH 448  Exercise & Health Psychology  credit: 3 or 4 Hours.
Same as KIN 448. See KIN 448.

CHLH 455  Health Services Financing  credit: 3 Hours.
Examines major topics and emerging trends in health financing,
including sources of revenue, public and private financing organizations,
reimbursement and sources of revenue to health providers, and capital
financing in the health care industry. 3 undergraduate hours. 3 graduate
hours. Prerequisite: Junior standing.

CHLH 456  Organization of Health Care  credit: 2 to 4 Hours.
Examines types and performance of health care organizations (e.g.,
doctors' offices, clinics, hospitals, and nursing homes), networks of
health services, evaluation of health care, and social policy issues
relating to organizations in the U. S. health care system. 2 to 4
undergraduate hours. 2 to 4 graduate hours.
CHLH 457  Health Planning  credit: 3 Hours.
Survey of the history and objectives of health planning as related to medical care delivery in the United States; methods of health, institutional and community planning; planning and marketing concepts and methods; analysis of consumer behavior, public policies, and private competitive forces. Same as SOCW 457. 3 undergraduate hours. 3 graduate hours. Prerequisite: CHLH 250 and junior standing.

CHLH 458  Health Administration  credit: 3 Hours.
Examines management principles relative to health care institutions emphasizing goal setting, decision making, system analysis, organizational structure, conflict resolution, and leadership theories. 3 undergraduate hours. 3 graduate hours. Prerequisite: Senior or graduate standing, or consent of instructor.

CHLH 461  Environ Toxicology & Health  credit: 3 Hours.
Same as ENVS 431 and IB 485. See IB 485.

CHLH 465  Social Marketing Health&Behav  credit: 3 or 4 Hours.
Same as CMN 465. See CMN 465.

CHLH 469  Environmental Health  credit: 3 or 4 Hours.
Appreciation of the concepts and mechanisms used to prevent or control environmental conditions that may lead to infectious or other environmentally induced diseases. Presents topics from a public health perspective that include air pollution, water supply management, waste management, radiation protection, food hygiene, occupational health and disaster management. Same as ENVS 469. 3 or 4 undergraduate hours. 3 or 4 graduate hours. Prerequisite: CHLH 274 or equivalent.

CHLH 473  Immigration, Health & Society  credit: 3 or 4 Hours.
Same as LLS 473, SOC 473, and SOCW 473. See LLS 473.

CHLH 474  Principles of Epidemiology  credit: 4 Hours.
Investigation of descriptive epidemiologic techniques (comparisons of disease rates in different populations) and analytic study designs (case-control and cohort studies and randomized trials). Applications to and examples from infectious and chronic diseases are presented. Group exercises involving the investigation of epidemiologic problems and application of analytic epidemiologic techniques are performed. Same as ENVS 474 and PATH 474. 4 undergraduate hours. 4 graduate hours. Prerequisite: One statistics course.

CHLH 485  Community Health Internship  credit: 8 Hours.
Supervised field experience in official, voluntary and professional health agencies; designed to provide students with work experience in actual field situations. Students work in University approved health agencies for a minimum of 320 undergraduate hours. 8 undergraduate hours. 8 graduate hours. Approved for S/U grading. Prerequisite: Senior standing in Community Health.

CHLH 494  Special Topics  credit: 1 to 4 Hours.
Lecture course in topics of current interest; specific subject matter announced in the Class Schedule. 1 to 4 undergraduate hours. 1 to 4 graduate hours. May be repeated.