

# COMMUNITY HEALTH: HEALTH EDUCATION & PROMOTION, BS

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*for the Bachelor of Science Major in Community Health, Health Education & Promotion Concentration*

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## Programs in Kinesiology and Community Health

### Undergraduate Programs:

- major:** Community Health, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/>)  
**concentration:** Community Health: Health Education & Promotion, BS (p. 1)  
**concentration:** Community Health: Health Planning & Administration, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/>)  
**concentration:** Community Health: Rehabilitation Studies, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/>)
- major:** Kinesiology, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/>)  
**concentration:** Kinesiology: Teacher Certification, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/teacher-certification/>)
- major:** Interdisciplinary Health Sciences, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/>)  
**concentration:** Interdisciplinary Health Sciences: Health & Aging, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/>)  
**concentration:** Interdisciplinary Health Sciences: Health Behavior Change, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/>)  
**concentration:** Interdisciplinary Health Sciences: Health Diversity, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-diversity/>)
- minor:** Kinesiology (<http://catalog.illinois.edu/undergraduate/ahs/minors/kinesiology/>)  
**minor:** Disability Studies (<http://catalog.illinois.edu/undergraduate/ahs/minors/disability-studies/>)  
**minor:** Interdisciplinary Aging (<http://catalog.illinois.edu/undergraduate/ahs/minors/aging/>)  
**minor:** Health Administration (<http://catalog.illinois.edu/undergraduate/ahs/minors/health-administration/>)  
**minor:** Public Health (<http://catalog.illinois.edu/undergraduate/ahs/minors/public-health/>)
- joint degree:** Community Health, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mp/>)  
**joint degree:** Community Health, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mp/>)  
**joint degree:** Kinesiology, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mp/>)  
**joint degree:** Kinesiology, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mp/>)  
**joint degree:** Interdisciplinary Health Sciences, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-public-health-mp/>)  
**joint degree:** Interdisciplinary Health Sciences, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-epidemiology-mp/>)

### Graduate Programs:

- degree:** Kinesiology, MS ([http://catalog.illinois.edu/graduate/ms\\_kines/](http://catalog.illinois.edu/graduate/ms_kines/))  
**degree:** Kinesiology, PhD (<http://catalog.illinois.edu/graduate/graduate-majors/kinesiology/#doctoratestext>)  
**degree:** Community Health, MS (<http://catalog.illinois.edu/graduate/graduate-majors/community-health/ms-comm-health/>)  
**degree:** Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/community-health-phd/>)  
**degree:** Rehabilitation, MS (<http://catalog.illinois.edu/graduate/graduate-majors/community-health/ms-rehab/>)  
**degree:** Public Health, MPH (<http://catalog.illinois.edu/graduate/graduate-majors/community-health/master-pub-health/>)  
**degree:** Epidemiology, MPH (<http://catalog.illinois.edu/graduate/ahs/epidemiology-mp/>)  
**degree:** Health Administration, MHA (<http://catalog.illinois.edu/graduate/ahs/health-administration-mha/>)  
**degree:** Health Technology, MS (<http://catalog.illinois.edu/graduate/ahs/health-technology-ms/>)
- joint degree:** Community Health, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mp/>)  
**joint degree:** Community Health, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mp/>)  
**joint degree:** Kinesiology, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mp/>)  
**joint degree:** Kinesiology, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mp/>)  
**joint degree:** Interdisciplinary Health Sciences, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-public-health-mp/>)  
**joint degree:** Interdisciplinary Health Sciences, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-epidemiology-mp/>)

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The Community Health Program at the University of Illinois prepares students in the ever changing world of health care and health behavior as practitioners and offers three concentrations at the undergraduate level: Health Education & Promotion (p. 1), Health Planning & Administration (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/>), and Rehabilitation Studies (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/>)

catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/). All curricula are built on a foundation of general education courses which emphasize communication skills and critical thinking. The Professional Core courses are designed to help students develop skills in planning, implementation, and evaluation in the context of health services and programs. Students must complete an internship during their senior year in a setting related to the degree and their interests. Recent internship sites have included the American Heart Association, the American Red Cross, hospitals, nursing homes, fitness centers, work site health education programs, and substance abuse prevention centers.

Further information is available from the Academic Affairs Office, Department of Kinesiology and Community Health, University of Illinois at Urbana-Champaign, 1206 S. Fourth Street, 2021 Khan Annex, Huff Hall, Champaign, IL 61820, (217) 333-2307.

A 5 year BS MPH joint degree program is available for students majoring in Community Health, I-Health, or Kinesiology. Students apply for the program in the latter part of their third year (junior year) of study. Students accepted into the BS MPH joint degree program take 12 credit hours of coursework in their senior year that apply to both BS and MPH degrees. In the 5th year of study, students complete the remaining requirements for the MPH degree, and graduate simultaneously with both BS and MPH degrees. Additional information regarding the joint degree program can be found here (<https://ahs.illinois.edu/bs-mp/>).

*for the Bachelor of Science Major in Community Health, Health Education & Promotion Concentration*

#### *Supporting Electives*

The Community Health Program requires certain courses from the approved lists be taken as noted below. The prescribed courses prepare the student for upper division study and may be used to satisfy General Education Requirements provided they are on the appropriate General Education List.

A total of 128 hours is required for a degree in Community Health with all the above requirements met. There will be range of electives a student will be able to take depending on the general education number of hours.

## General Education

Code	Title	Hours
<b>Communication Arts</b>		
	Composition I and an approved speech performance course; or CMN 111 and CMN 112	6-7
	Advanced Composition (CHLH 304 fulfills requirement)	3-4
<b>Quantitative Reasoning I &amp; II</b>		
	From approved campus list (must include a course in statistics from approved campus list) (CHLH 244 and CHLH 421 fulfills requirement)	6
<b>Humanities and the Arts</b>		
	From approved campus list (CHLH 260 fulfills 3 hours of requirement)	9
<b>Social and Behavioral Sciences</b>		
	From approved campus list	9
<b>Natural Sciences and Technology</b>		
	From approved campus list	9
<b>Cultural Studies <sup>1</sup></b>		
	One course from Non-Western Cultures approved campus list.	3
	One course from U.S. Minority Cultures approved campus list	3
	One course from Western Cultures approved campus list	3
	Foreign Language: Completion through the third level of the same language in high school or college	
<b>Total Hours</b>		<b>51-53</b>

Code	Title	Hours
<b>Community Health Program Core Requirements</b>		
CHLH 100	Contemporary Health	3
CHLH 125	Orientation KIN & Comm Health	1
CHLH 201	Public Health Research Methods	3
CHLH 210	Community Health Organizations	2
CHLH 250	Health Care Systems	3
CHLH 274	Introduction to Epidemiology	3
CHLH 304	Foundations of Health Behavior	4
CHLH 410	Public Health Practice	4

CHLH 421	Health Data Analysis	3
<b>Kinesiology and Community Health Department Core Requirements</b>		
CHLH 101	Introduction to Public Health	3
KIN 122	Physical Activity and Health	3
<b>Correlate Areas (see Correlates List Tab)</b>		<b>18</b>
Each student completes correlates that are planned with the assigned advisor. These courses are designed to enhance and support career goals.		
<b>Electives</b>		<b>9-11</b>
<b>Concentration Requirements</b>		<b>18</b>
<b>Total Hours</b>		<b>128</b>

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*Courses in cultural studies may be completed through other categories where appropriate.*

### Concentration Requirements

Code	Title	Hours
FSHN 120	Contemporary Nutrition	3
CHLH 200	Mental Health Issues	2
CHLH 206	Human Sexuality	2
CHLH 243	Drug Use and Abuse	2
CHLH 380	Orientation to Internship	1
CHLH 485	Community Health Internship	8

### Community Health Supporting Electives

#### Guidelines for Choosing Supporting Electives:

- 18 credit hours (about 6 separate classes) are required in Supporting Electives for the major;
- 9 credit hours or more of Supporting Electives should be completed within the Department of Kinesiology and Community Health: CHLH, IHTL, KIN, or REHB courses;
- If you are taking a course as part of your primary concentration, it will not also count as a Supporting Elective;
- Your academic advisor will work with you to help determine what coursework is appropriate to count as your Supporting Electives and/or you may select from this approved list of courses.

### CHLH Courses

Code	Title	Hours
CHLH 126	Campus Acquaintance Rape Education	3
CHLH 199	Undergraduate Open Seminar	1 to 5
CHLH 200	Mental Health Issues	3
CHLH 203	Introduction to Health Technology	3
CHLH 206	Human Sexuality	2
CHLH 243	Drug Use and Abuse	2
CHLH 244	Health Statistics	3
CHLH 260	Introduction to Medical Ethics	3
CHLH 314	Introduction to Aging	3
CHLH 330	Disability in American Society	3
CHLH 365	Civic Engagement in Wellness	3
CHLH 393	Special Projects	2 or 3
CHLH 404	Gerontology	3 or 4
CHLH 407	Disability, Culture & Society	3 or 4
CHLH 409	Women's Health	3
CHLH 415	International Health	3 or 4
CHLH 429	Research Techniques	4
CHLH 441	Health Behavior and Technology	3 or 4

CHLH 448	Exercise & Health Psychology	3 or 4
CHLH 455	Health Services Financing	3
CHLH 456	Organization of Health Care	2 to 4
CHLH 457	Health Planning	3
CHLH 458	Health Administration	3
CHLH 469	Environmental Health	3 or 4
CHLH 470	Technology, Health, and Aging	3 or 4
CHLH 494	Special Topics	1 to 4

## IHLT Courses

Code	Title	Hours
IHLT 230	Leadership in Health	3
IHLT 232	Health Disparities in the U.S.	3
IHLT 240	Aging and Health Policy	3
IHLT 375	Interdis Collab in Health Serv	4

## KIN Courses

Code	Title	Hours
KIN 247	Intro to Sport Psychology	3
KIN 249	Sport & Modern Society	3
KIN 365	Civic Engagement in Wellness	3
KIN 386	Exercise Instruction & Elderly	3
KIN 387	Exper in the Agency Setting	3
KIN 442	Body, Culture & Society	3 or 4
KIN 444	Physical Activity and Chronic Diseases	3 or 4
KIN 448	Exercise & Health Psychology	3 or 4
KIN 459	Physical Activity & Aging	3 or 4
KIN 494	Special Topics	1 to 4

## REHB Courses

Code	Title	Hours
REHB 330	Disability in American Society	3
REHB 401	Introduction to Rehabilitation	4
REHB 402	Medical Aspects of Disability	4
REHB 435	Work and Disability	2

## Other College of AHS Courses:

### RST Courses

Code	Title	Hours
RST 200	Leadership in Recreation, Sport and Tourism	2
RST 216	Technology in Recreation, Sport and Tourism	3
RST 230	Diversity in Recreation, Sport, and Tourism	3
RST 255	Ethical Issues in Recreation, Sport and Tourism	2
RST 260	Disability in Recreation, Sport and Tourism	3
RST 316	Human Development and Recreation, Sport and Tourism	3
RST 335	Leisure and Consumer Culture	3
RST 430	Sport & Development	3
RST 441	Community Planning and Engagement	3 or 4

## SHS Courses

Code	Title	Hours
SHS 120	Child, Comm, & Lang Ability	3
SHS 121	American Sign Language I	4

SHS 170	Intro Hum Comm Sys & Disorders	3
SHS 222	Language & Culture of Deaf Communities	3
SHS 270	Comm Disability in the Media	4
SHS 271	Communication and Aging	3
SHS 280	Communication Neuroscience	3
SHS 320	Development of Spoken Language	3
SHS 333	Children with Neurodevelopmental Disorders Across Communication Contexts	3
SHS 352	Hearing Health and Society	3
SHS 375	Comm Partners & Health	3
SHS 380	Comm Competence and Disorders	3
SHS 389	Neuroplasticity and Communication	3
SHS 473	Augmentative & Alt Comm	2 to 4

### Other courses across campus by areas of interest:

Pre-Health: M.D., O.D., O.T., P.T., P.A., Dentistry, Optometry, Chiropractor

Code	Title	Hours
CHEM 232	Elementary Organic Chemistry I	3 or 4
CHEM 233	Elementary Organic Chem Lab I	2
CHEM 332	Elementary Organic Chem II	4
CLCV 102	Medical Terms-GRK & LAT Roots	3
IB 104	Animal Biology	4
MCB 100	Introductory Microbiology	3
MCB 244	Human Anatomy & Physiology I	3
MCB 245	Human Anat & Physiol Lab I	2
MCB 246	Human Anatomy & Physiology II	3
MCB 247	Human Anat & Physiol Lab II	2
MCB 300	Microbiology	3
MCB 450	Introductory Biochemistry	3
PHYS 101	College Physics: Mech & Heat	5
PHYS 102	College Physics: E&M & Modern	5

### Communications, Promotions, Public Relations & Leadership

Code	Title	Hours
ADV 150	Introduction to Advertising	3
ADV 410	Public Relations Strategies	3
AGED 220	Prog Del in Ag & Leadership Ed	3
AGED 430	Youth Development Programs	3 or 4
BTW 250	Principles Bus Comm	3
CMN 211	Business and Professional Communication	3
CMN 212	Intro to Organizational Comm	3
CMN 220	Communicating Public Policy	3
CMN 230	Intro to Interpersonal Comm	3
CMN 232	Intro to Intercultural Comm	3
CMN 260	Intro to Health Communication	3
CMN 336	Family Communication	3
CMN 368	Sexual Communication	3
CMN 377	Propaganda and Modern Society	3
CMN 424	Campaigning to Win	3 or 4
CMN 435	Adv Interpersonal Comm	3 or 4
CMN 462	Interpersonal Health Comm	3 or 4
CMN 463	Organizational Health Comm	3 or 4
CMN 464	Health Communication Campaigns	3 or 4

CMN 465	Social Marketing	3 or 4
EDPR 250	School & Community Experiences	0 to 4
ENG 315	Learning in Community	3
LEAD 380	Leadership in Groups and Teams	3
PS 220	Intro to Public Policy	3
TE 333	Creativity, Innovation, Vision	4

## Health Administration, Law & Human Resources

Code	Title	Hours
ACCY 200	Fundamentals of Accounting	3
ACCY 201	Accounting and Accountancy I	3
ACCY 202	Accounting and Accountancy II	3
ACE 210	Environmental Economics	3
ACE 240	Personal Financial Planning	3
ACE 255	Economics of Food and Environmental Justice	3
BADM 300	The Legal Environment of Bus	3
BADM 310	Mgmt and Organizational Beh	3
BADM 320	Principles of Marketing	3
ECON 302	Inter Microeconomic Theory	3
FIN 221	Corporate Finance	3
FIN 232	Intro to Wealth Management	3
LAW 301	Introduction to Law	0 to 3
LAW 303	Living the Law	3
ANTH 246	Forensic Science	4
EDUC 202	Social Justice, School and Society	3
GLBL 260	Global Human Rights	3
LLS 468	Latinas/os & the Law	3 or 4
SOC 275	Criminology	3
SOC 378	Sociology of Law	3
SOC 479	Law and Society	3 or 4

## Social and Behavioral Factors

Code	Title	Hours
ACE 255	Economics of Food and Environmental Justice	3
AFRO 221	History of the Prison	3
AFRO 250	Introduction to Health and Wellness in the Black Community	3
AFRO 343	Criminalization and Punishment	3
ANSC 207	The Science of Pets and How to Care for Them	3
ANSC 250	Companion Animals in Society	3
ANTH 104	Talking Culture	3
ANTH 143	Biology of Human Behavior	3
ANTH 160	Race and Contemporary Social Issues	3
ANTH 210	Families in Global Perspective	3
ANTH 249	Evolution and Human Disease	3
ANTH 262	Women's Lives	3
ANTH 343	Behavior and Biology of Women	3
ANTH 432	Genes and Behavior	3
CI 260	Serving Children in Schools and the Community	3
CPSC 180	Medicinal Plants and Herbology	3
EPS 201	Foundations of Education	3
EPS 310	Race and Cultural Diversity	4
EDPR 250	School & Community Experiences	0 to 4
EPSY 202	Exploring Cultural Diversity	3

EPSY 220	Career Theory and Practice	3
EPSY 236	Child Development in Education	3
EPSY 402	Sociocultural Influence on Learning	2 to 4
FSHN 220	Principles of Nutrition	4
FSHN 274	NonMajors Food Microbiology	1
GLBL 240	Global Health	3
GLBL 340	Global Health: Policy & Governance	3
GLBL 440	Global Health: Interventions & Evaluations	3
GWS 454	Social Work with Women	3 or 4
HDFS 120	Intro to Family Studies	3
HDFS 208	Child Fam with Special Needs	3
HDFS 220	Families in Global Perspective	3
HDFS 225	Close Relationships	3
HDFS 301	Infancy & Early Childhood	4
HDFS 408	Hospitalized Children	3 or 4
HORT 430	Children and Nature	2
IB 105	Environmental Biology	3
IB 230	Pandemics	2
IB 361	Ecology and Human Health	3
LLS 201	US Racial & Ethnic Politics	3
LLS 230	Latina/o Genders & Sexualities	3
LLS 235	Race and the Politics of Reproduction	3
LLS 278	Mapping Latina/o Inequalities	3
LLS 310	Race and Cultural Diversity	4
LLS 368	Latinas/os & Public Policy	3
LLS 377	Prisons, Race, and Terror	3
LLS 387	Race, Gender and the Body	3
LLS 465	Race, Sex, and Deviance	3 or 4
LLS 468	Latinas/os & the Law	3 or 4
LLS 473	Immigration, Health & Society	3 or 4
LLS 479	Race, Medicine, and Society	3 or 4
NRES 287	Environment and Society	3
PSYC 201	Intro to Social Psych	3
PSYC 216	Child Psych	3
PSYC 238	Psychopathology and Problems in Living	3
PSYC 239	Community Psych	3
PSYC 340	Community Projects	4
PSYC 361	The Psychology of Aging	3
PSYC 451	Neurobio of Aging	0 to 4
PSYC 455	Organizational Psych	2 to 4
PSYC 465	Personality and Soc Dev	3 or 4
SOC 162	Intro to Intl Health Policy	3
SOC 179	Social Organization	3
SOC 196	Issues in Sociology	3
SOC 202	Sexualities	3
SOC 270	Global Demography	3
SOC 273	Social Perspectives on the Family	3
SOC 274	Health, Illness and Society	3
SOC 275	Criminology	3
SOC 373	Social Inequality	3
SOC 473	Immigration, Health & Society	3 or 4
SOC 478	Geography of Health Care	3 or 4

SOCW 200	Introduction to Social Work	3
SOCW 300	Diversity: Identities & Issues	3
SOCW 315	Social Work Services for Older Adults	3
SOCW 321	Social Entre & Social Change	3
SOCW 420	Subst Use in Social Context	3
SOCW 473	Immigration, Health & Society	3 or 4
SPED 117	The Culture of Disability	3
SPED 322	Introduction to Intellectual Disability	3
SPED 432	Multiple Disabilities	3
SPED 438	Collaborating with Families	3 or 4
UP 260	Social Inequality and Planning	3

## Health Data and Technology

Code	Title	Hours
ACE 161	Microcomputer Applications	3
BTW 220	Desktop Publishing and Design	2
CS 102	Little Bits to Big Ideas	4
CS 105	Intro Computing: Non-Tech	3
CS 107	Data Science Discovery	4
INFO 202	Social Aspects Info Tech	3

This sample sequence is intended to be used only as a guide for degree completion. All students should work individually with their academic advisors to decide the actual course selection and sequence that works best for them based on their academic preparation and goals. Enrichment programming such as study abroad, minors, internships, and so on may impact the structure of this four-year plan. Course availability is not guaranteed during the semester indicated in the sample sequence.

Students must fulfill their Language Other Than English requirement by successfully completing a third level of a language other than English. This may require up to three semesters of language depending on high school coursework or placement. See the corresponding section on the Degree General and Education Requirements page: <http://catalog.illinois.edu/general-information/degree-general-education-requirements/>.

### First Year

First Semester	Hours	Second Semester	Hours
CHLH 100		3 CHLH 101	3
CHLH 125		1 KIN 122	3
Composition I or public speaking requirement		4-3 FSHN 120	3
Language Other Than English (3rd level)		4 Public speaking requirement or Composition I	3-4
General Education course		3 Elective	3
Elective		2	
		<b>16</b>	<b>16</b>

### Second Year

First Semester	Hours	Second Semester	Hours
CHLH 201		3 CHLH 250	3
CHLH 210		2 CHLH 274	3
General Education QR1 Statistics: CHLH 244 or STAT 100 recommended		3 General Education course	3
General Education course		3 General Education course	3
Elective		3 General Education course	3
Elective		2 Elective	1
		<b>16</b>	<b>16</b>

### Third Year

First Semester	Hours	Second Semester	Hours
CHLH 304		4 CHLH 410	4

CHLH 200	3	CHLH 206	2
Correlate/supporting elective	3	Correlate/supporting elective	3
Correlate/supporting elective	3	Correlate/supporting elective	3
General Education course/elective	3	General Education course/elective	3
		Elective	1
	<b>16</b>		<b>16</b>

**Fourth Year**

First Semester	Hours	Second Semester	Hours
CHLH 380		1 CHLH 485	8
CHLH 421		3 Elective	3
CHLH 243		2 Elective	3
Correlate/supporting elective		3 Elective	2
Correlate/supporting elective		3	
General Education course/elective		3	
Elective		1	
		<b>16</b>	<b>16</b>

**Total Hours 128**

*for the Bachelor of Science Major in Community Health, Health Education & Promotion Concentration*

**department website:** <http://kch.illinois.edu/>

**department faculty:** Kinesiology & Community Health Faculty (<https://ahs.illinois.edu/kch-directory-update/>)

**college catalog page:** Applied Health Sciences (<http://catalog.illinois.edu/schools/ahs/academic-units/>)

**college website:** <http://ahs.illinois.edu/>