

# COMMUNITY HEALTH, BS

for the Bachelor of Science Major in Community Health

Students pursuing this major select one of three concentrations:

- Health Education (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/>)
- Health Planning & Administration (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/>)
- Rehabilitation & Disability Studies (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/>)

The Community Health Program at Illinois prepares students in the ever changing world of health care and health behavior as practitioners and offers three concentrations at the undergraduate level: Health Education (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/>), Health Planning & Administration (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/>), and Rehabilitation & Disability Studies (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/>). All curricula are built on a foundation of general education courses which emphasize communication skills and critical thinking. The Professional Core courses are designed to help students develop skills in planning, implementation, and evaluation in the context of health services and programs. Students must complete an internship during their senior year in a setting related to the degree and their interests. Recent internship sites have included the American Heart Association, the American Red Cross, hospitals, nursing homes, fitness centers, work site health education programs, and substance abuse prevention centers.

Further information is available from the Academic Affairs Office, Department of Health and Kinesiology, University of Illinois Urbana-Champaign, 1206 S. Fourth Street, 2021 Khan Annex, Huff Hall, Champaign, IL 61820, (217) 333-2307.

A 5 year BS MPH joint degree program is available for students majoring in Community Health, I-Health, or Kinesiology. Students apply for the program in the latter part of their third year (junior year) of study. Students accepted into the BS MPH joint degree program take 12 credit hours of coursework in their senior year that apply to both BS and MPH degrees. In the 5th year of study, students complete the remaining requirements for the MPH degree, and graduate simultaneously with both BS and MPH degrees. Additional information regarding the joint degree program can be found here (<https://ahs.illinois.edu/bs-mp/>).

for the Bachelor of Science Major in Community Health

## Sample Sequence

*This sample sequence is intended to be used only as a guide for degree completion. All students should work individually with their academic advisors to decide the actual course selection and sequence that works best for them based on their academic preparation and goals. Enrichment programming such as study abroad, minors, internships, and so on may*

*impact the structure of this four-year plan. Course availability is not guaranteed during the semester indicated in the sample sequence.*

*Students must fulfill their Language Other Than English requirement by successfully completing a third level of a language other than English. For more information, see the corresponding section on the Degree and General Education Requirements page (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/%20/general-information/degree-general-education-requirements/>).*

### First Year

First Semester	Hours	Second Semester	Hours
CHLH 100	3	CHLH 101	3
CHLH 125	1	KIN 122	3
Composition I or Speech Performance Course	3	Correlate Area course	3
Language Other than English (3rd level)	4	Speech Performance Course or Composition I	4
General Education course	3	General Education course	3
General Education course	2		
	<b>16</b>		<b>16</b>

### Second Year

First Semester	Hours	Second Semester	Hours
CHLH 201	3	CHLH 250	3
CHLH 210	2	CHLH 274	3
Concentration course	3	General Education course	3
General Education QR1 Statistics	3	General Education course	3
General Education course	3	General Education course	3
General Education course	3		
	<b>17</b>		<b>15</b>

### Third Year

First Semester	Hours	Second Semester	Hours
CHLH 304	4	CHLH 410	4
Concentration course	3	Correlate Area course	3
Correlate Area course	3	General Education course	3
Correlate Area course	3	General Education course	3
General Education course	3	General Education course	2
		Free Elective	1
	<b>16</b>		<b>16</b>

**Fourth Year**

First Semester	Hours	Second Semester	Hours
CHLH 421		3 Concentration course	8
Concentration course		1 Free Elective	3
Concentration course		3 Free Elective	3
Correlate course		3 Free Elective	2
Correlate course		3	
General Education course		3	
		<b>16</b>	<b>16</b>

**Total Hours 128***for the Bachelor of Science Major in Community Health*

- Content Knowledge:** Students will know and comprehend the significant theories, models, themes, and ideas in the biomechanical, physiological, behavioral, pedagogical, biological, socioeconomic, environmental, and sociocultural correlates of Kinesiology and Community Health.
- Critical Thinking and Discovery:** Students will comprehend and demonstrate ethical practices and the application of scientific findings and/or critical analysis in order to interpret, promote inquiry, propose solutions, and/or create new ideas related to health, rehabilitation, and/or human movement.
- Awareness and Understanding:** Students will understand and appreciate the diverse socioeconomic, behavioral, sociocultural, biological, environmental, philosophical, and historical factors that influence health, rehabilitation, and human movement.
- Programming and Assessment:** Students will apply best practices in developing, implementing, assessing, and evaluating programs and interventions related to health promotion, physical activity adoption and adherence, and the prevention and treatment of diseases.
- Leadership and Engagement:** Students will demonstrate leadership and effective communication skills, showcasing an appreciation and commitment to health and physical activity as they develop and sustain productive relationships and work for the common good at local, national, and global levels.

## Programs in Health and Kinesiology

### Undergraduate Programs

**Majors**

- Community Health, BS (p. 1)
  - optional concentrations
    - Community Health: Health Education, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/>)
    - Community Health: Health Planning & Administration, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/>)

- Community Health: Rehabilitation & Disability Studies, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/>)
- Kinesiology, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/>)
  - optional concentrations
    - Kinesiology: Teacher Certification, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/teacher-certification/>)
- Interdisciplinary Health Sciences, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/>)
  - optional concentrations
    - Interdisciplinary Health Sciences: Health & Aging, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/>)
    - Interdisciplinary Health Sciences: Health Behavior Change, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/>)
    - Interdisciplinary Health Sciences: Health Diversity, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-diversity/>)
    - Interdisciplinary Health Sciences: Health Technology, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-technology/>)

**Minors**

- Disability Studies (<http://catalog.illinois.edu/undergraduate/ahs/minors/disability-studies/>)
- Public Health (<http://catalog.illinois.edu/undergraduate/ahs/minors/public-health/>)
- Kinesiology (<http://catalog.illinois.edu/undergraduate/ahs/minors/kinesiology/>)
- Interdisciplinary Aging (<http://catalog.illinois.edu/undergraduate/ahs/minors/aging/>)
- Health Technology, Interdisciplinary (<http://catalog.illinois.edu/undergraduate/ahs/minors/interdisciplinary-health-technology/>)
- Health Administration (<http://catalog.illinois.edu/undergraduate/ahs/minors/health-administration/>)

**Joint Programs**

- Community Health, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mp/>)
- Community Health, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mp/>)
- Kinesiology, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mp/>)
- Kinesiology, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mp/>)
- Interdisciplinary Health Sciences, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-public-health-mp/>)
- Interdisciplinary Health Sciences, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-epidemiology-mp/>)

## Graduate Programs

### Majors

- Community Health, MS (<http://catalog.illinois.edu/graduate/ahs/community-health-ms/>)
- Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/community-health-phd/>)
- Epidemiology, MPH (<http://catalog.illinois.edu/graduate/ahs/epidemiology-mph/>)
- Health Administration, MHA (<http://catalog.illinois.edu/graduate/ahs/health-administration-mha/>)
- Health Technology, MS (<http://catalog.illinois.edu/graduate/ahs/health-technology-ms/>)
- Kinesiology, MS (<http://catalog.illinois.edu/graduate/ahs/kinesiology-ms/>)
- Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/kinesiology-phd/>)
- Public Health, MPH (<http://catalog.illinois.edu/graduate/ahs/public-health-mph/>)

### Joint Programs

- Public Health, MPH & Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mph-community-health-phd/>)
- Public Health, MPH & Food Science & Human Nutrition, PhD ([http://catalog.illinois.edu/graduate/aces\\_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mph/](http://catalog.illinois.edu/graduate/aces_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mph/))
- Public Health, MPH & Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mph-kinesiology-phd/>)
- Public Health, MPH & Nutritional Science, PhD ([http://catalog.illinois.edu/graduate/aces\\_ahs/nutritional-science-phd-public-health-mph/](http://catalog.illinois.edu/graduate/aces_ahs/nutritional-science-phd-public-health-mph/))
- Public Health, MPH & Social Work, PhD ([http://catalog.illinois.edu/graduate/ahs\\_socw/joint-degree/public-health-mph-social-work-phd/](http://catalog.illinois.edu/graduate/ahs_socw/joint-degree/public-health-mph-social-work-phd/))
- Public Health, MPH & Urban Planning, MUP ([http://catalog.illinois.edu/graduate/ahs\\_faa/joint-degree/public-health-mph-urban-planning-mup/](http://catalog.illinois.edu/graduate/ahs_faa/joint-degree/public-health-mph-urban-planning-mup/))

*for the Bachelor of Science Major in Community Health*

---

## Health and Kinesiology

Health and (<https://ahs.illinois.edu/kch-home/>) Kinesiology Department Website (<http://www.kch.illinois.edu/>)

Health and Kinesiology Faculty (<https://ahs.illinois.edu/kch-directory-update/>)

## College of Applied Health Sciences

Applied Health Sciences College Catalog Page (<http://catalog.illinois.edu/schools/ahs/academic-units/>)

Applied Health Sciences College Website (<http://www.ahs.illinois.edu/>)