

# ADULT DEVELOPMENT MINOR

for the minor in Adult Development

**department catalog page:** Human Development & Family Studies (<http://catalog.illinois.edu/aces/hu-comm>)  
**department website:** <http://hdfs.illinois.edu/>  
**department faculty:** <https://hdfs.illinois.edu/directory/faculty>  
**overview of college admissions & requirements:** Agricultural, Consumer & Environmental Sciences (<http://catalog.illinois.edu/undergraduate/aces>)  
**college website:** <https://aces.illinois.edu/>

The Adult Development minor combines theoretical and practical approaches to understanding issues faced by adults as individuals, partners, family members, learners, caregivers, and clients of social agencies. Course work examines adults from age 25 to 90+ in the contexts of evolving family roles, health issues, and social service needs. Students anticipating careers in social or health-related services will find an understanding of adult development and its attendant issues a valuable complement to other professional skills.

The minor requires a minimum of 18 hours. Students may count three hours earned in a community-based practicum or research project related to adult development toward the minor.

**Minimum required hours and supporting course work: At least six hours of advanced coursework must be distinct from credit earned for the student's major or another minor. Courses in the minor may not be taken Credit/No Credit. Students may count three hours earned in a community-based practicum or research project related to adult development toward the minor.**

**Minimum hours for minor: 18 hours.**

Code	Title	Hours
<b>Foundation courses</b>		9
HDFS 105	Intro to Human Development	
HDFS 120	Intro to Family Studies	
HDFS 310	Adult Development <sup>1</sup>	
One course selected from:		
<b>Adult roles in the family context</b>		3-4
HDFS 225	Close Relationships	
HDFS 425	Family Stress and Change	
HDFS 426	Family Conflict Management	
<b>Adult choices/challenges</b>		6
Choose at least 6 hours from:		
AGED 490	Adult Learning Principles	
CMN 336	Family Communication	
CMN 368	Sexual Communication	
EPSY 407	Adult Learning and Development	
HDFS/ CHLH 404	Gerontology	
PSYC 361	The Psychology of Aging	
RST 316	Leisure and Human Development	
SOCW 240	Death & Dying	
SOCW 315	Social Work Services for Older Adults	

Credit from HDFS 294, HDFS 450, or HDFS 494 may count towards the minor as approved by the minor advisor. <sup>2</sup>

**Total Hours** 18-19

- <sup>1</sup> HDFS majors pursuing the minor may not use this course to meet a major requirement.
- <sup>2</sup> HDFS 294 - Research Internship, HDFS 450 - Practicum in HDFS, or HDFS 494-Applied Research Methods may count towards the Adult Development minor if these field/research experiences are focused on adults ages 25 - 90+. No more than 3 combined hours of HDFS 294, HDFS 450, HDFS 494 or equivalent field/research experience may be counted toward minor requirements.