HUMAN DEVELOPMENT & FAMILY STUDIES, BS

for the Bachelor of Science Major in Human Development & Family Studies

The Human Development and Family Studies program prepares students for graduate/professional education or employment in areas such as pediatric services in hospitals, medicine and allied health fields, marriage and family therapy, family law, human resources, child care services, family life education, social work, counseling, human services, and business activities related to children and families. Students select course work according to their interests in human development, such as infancy, early childhood or adolescence, and relationship and family science, such as intimate relationships, parent-child interaction, and family stress and change. Basic courses in these areas are linked to practical experiences in educational and community settings, and most courses emphasize issues related to cultural diversity and gender. Students develop an individualized plan within this major according to their career and professional interests.

for the Bachelor of Science Major in Human Development & Family Studies

Prescribed Core Courses including Campus General Education

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td><strong>Composition I and Speech</strong></td>
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<tr>
<td>RHET 105</td>
<td>Writing and Research and Public Speaking (or equivalent) (see college Composition I requirement)</td>
<td>6-7</td>
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<tr>
<td>&amp; CMN 101</td>
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<tr>
<td>CMN 111</td>
<td>Oral &amp; Written Comm I and Oral &amp; Written Comm II</td>
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<tr>
<td>&amp; CMN 112</td>
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<tr>
<td><strong>Advanced Composition</strong></td>
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<tr>
<td>Select from campus approved list.</td>
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<tr>
<td><strong>Language Other Than English</strong></td>
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<td>3-4</td>
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<tr>
<td>Coursework at or above the third level is required for graduation.</td>
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<tr>
<td><strong>Cultural Studies</strong></td>
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<td>9</td>
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<tr>
<td>Select one course from Non-Western Cultures, one from U.S. Minority Cultures, and one from Western/Comparative Cultures from campus-approved lists.</td>
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<tr>
<td><strong>Quantitative Reasoning I</strong></td>
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<td>Select one of the following:</td>
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<td>3-4</td>
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<tr>
<td>STAT 100</td>
<td>Statistics</td>
<td></td>
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<tr>
<td>ACE 262</td>
<td>Applied Statistical Methods and Data Analytics I</td>
<td></td>
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<tr>
<td>CPSC 241</td>
<td>Intro to Applied Statistics</td>
<td></td>
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<tr>
<td>ECON 202</td>
<td>Economic Statistics I</td>
<td></td>
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<tr>
<td>PSYC 235</td>
<td>Intro to Statistics</td>
<td></td>
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<tr>
<td>SOC 280</td>
<td>Intro to Social Statistics</td>
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<tr>
<td><strong>Quantitative Reasoning II</strong></td>
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<td>Select from campus approved list.</td>
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<td>3-5</td>
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<tr>
<td><strong>Natural Sciences and Technology</strong></td>
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<td>6</td>
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<td>Select from campus approved list.</td>
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<tr>
<td><strong>Humanities and the Arts</strong></td>
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<td>Select from campus approved list.</td>
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<tr>
<td><strong>Social and Behavioral Sciences</strong></td>
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<tr>
<td>PSYC 100</td>
<td>Intro Psych</td>
<td>4</td>
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<tr>
<td>SOC 100</td>
<td>Introduction to Sociology</td>
<td>4</td>
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<tr>
<td><strong>ACES Required</strong></td>
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<tr>
<td>ACE 101</td>
<td>Contemporary Issues in ACES</td>
<td>2</td>
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<tr>
<td><strong>Human Development and Family Studies Required</strong></td>
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<tr>
<td>HDFS 101</td>
<td>Opportunities, Careers in HDFS</td>
<td>1</td>
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<tr>
<td>HDFS 105</td>
<td>Intro to Human Development</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 120</td>
<td>Intro to Family Studies</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 290</td>
<td>Intro to Research Methods</td>
<td>4</td>
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</tbody>
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Information listed in this catalog is current as of 07/2022
Human Development & Family Studies, BS

ACE 240  Personal Financial Planning  3
FSHN 120  Contemporary Nutrition  3
or CHLH 100  Contemporary Health
or HDFS 445  Substance Use and Family Health

Select one of the following child/adolescent development courses:  3-4
HDFS 301  Infancy & Early Childhood
HDFS 305  Middle Childhood
HDFS 405  Adolescent Development

Select one of the following relationships/family courses:  3-4
HDFS 225  Close Relationships
HDFS 425  Family Stress and Change

Select two of the following diversity courses:  6
HDFS 208  Child Fam with Special Needs
HDFS 220  Families in Global Perspective
HDFS 221  Asian Families in America
HDFS 322  US Latina and Latino Families
HDFS 340  Gender, Relationships & Society
HDFS 379  HDFS Study Abroad Experience
HDFS 420  Inequality, Public Policy, and U.S. Families
HDFS 424  Racial and Ethnic Families
HDFS 444  LGBT Indiv, Fam & Community

Select one of the following applied courses:  3-4
HDFS 206  Early Childhood Curriculum Dev
HDFS 294  Research Internship
HDFS 295  Independent Study or Research
HDFS 396  Honors Research or Thesis
HDFS 450  Practicum in HDFS
HDFS 461  Family Life Education
HDFS 494  Applied Research Methods
LEAD 260  Foundations of Leadership

Individualized Plan  16-18

Choose from a list of HDFS courses based on individual career goals and in consultation with the HDFS Academic Advisor. At least 15 hours at 300 level or above. Courses taken to meet other HDFS requirements can not count toward the Individualized Plan.

HDFS 108  Grief and Loss Across the Lifespan
HDFS 206  Early Childhood Curriculum Dev
HDFS 208  Child Fam with Special Needs
HDFS 220  Families in Global Perspective
HDFS 225  Close Relationships
HDFS 301  Infancy & Early Childhood
HDFS 305  Middle Childhood
HDFS 310  Adult Development
HDFS 320  Families and the Law
HDFS 322  US Latina and Latino Families
HDFS 330  Statistical Reasoning for Everyday Life
HDFS 340  Gender, Relationships & Society
HDFS 401  Socialization and Development
HDFS 405  Adolescent Development
HDFS 406  Child Dev Class Supervision
HDFS 408  Hospitalized Children
HDFS 420  Inequality, Public Policy, and U.S. Families
HDFS 425  Family Stress and Change

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Minimum of 40 hours of advanced credit required

Total Hours 126

for the Bachelor of Science Major in Human Development & Family Studies

1. **HDFS students will demonstrate a strong foundation in theories and empirical knowledge associated with human development and family studies (i.e., developmental periods and domains; socialization contexts; diversity among families and children; research methods; family dynamics, transitions, and resilience; and family policy)**
   a. Recall key terminology (theoretical, empirical, methodological, substantive concepts)
   b. Describe current and historical challenges affecting individuals and families (e.g., social, political, economic, cultural, ethical, including research ethics)
   c. Summarize key theories, models, and principles (e.g., grand, disciplinary, substantive, methodological)
   d. Apply theories, models, and principles to developmental, relationship, familial, and social issues
   e. Apply knowledge to global contexts
   f. Integrate knowledge across courses and content areas (i.e., human development and family studies; lower level to higher level courses)
   g. Critique current theoretical and empirical knowledge of and methodological approaches to studying human development, relationships, and families

2. **HDFS students will exhibit the skills necessary to effectively apply knowledge and generate new ideas to solve real world issues**
   a. Use effective written communication
   b. Use e to achieve group goals
   c. Apply research-based knowledge to working with children, families, and communities and/or agencies that serve them

3. **HDFS students will demonstrate a critical and reflexive orientation toward and sensitivity to issues of diversity and inclusion**
   a. Describe the historical and current relevance of diversity and inclusion to individuals, relationships, families, and communities
   b. Reflect on one's own interconnected positions, privileges, and disadvantages across multiple contexts
   c. Critically examine one's own beliefs, assumptions, values, attitudes, and biases
   d. Demonstrate awareness of and sensitivity to issues of diversity and inclusion in one's own work (e.g., written and oral communication)
   e. Critically evaluate the cultural respectfulness and appropriateness of research, programs, and policies related to human development and families
   f. Critically evaluate the potential impact of research, programs, and policies on diversity and inclusion
   g. Demonstrate awareness of global factors (e.g., economic, political, cultural, social) and how they may affect individuals, families and communities

4. **HDFS students will develop professional competence skills and establish well-informed career and professional goals**
   a. Identify and compare/contrast a range of career options for HDFS majors
   b. Create professional/job-related materials (e.g., resume, cover letter, purpose statement)
   c. Connect discipline knowledge to personal and professional life
   d. Develop leadership skills (e.g., through formal positions; informal mentoring to prospective/new students; representing the department; participation in class teamwork)
   e. Develop professional connections to support career and professional goals (e.g., relationships with professors, internship supervisors who can serve as references; connections to professionals through attending conferences/workshops or engaging with guest speakers in class)
      i. Make decisions appropriate grammar and writing mechanics
      ii. Demonstrate a working knowledge of APA style
      iii. Respond to constructive criticism (e.g., revision process, peer review)
      iv. Produce written work that is organized, logical, and fully developed
   f. Use effective oral communication (e.g., clearly and logically present ideas aloud through presentation to class or group)
   g. Apply knowledge to formulate and investigate hypotheses or research questions
   h. Apply knowledge to propose or create research-based programs or policies
      i. Critically evaluate the quality of published research, programs, and policies and their implications for individuals, relationships, and families
   j. Collaborate and solve problems
      i. Independently
      ii. Collaboratively
   k. Exhibit professional and ethical behavior

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**department website:** https://hdfs.illinois.edu/

**department faculty:** Human Development & Family Studies Faculty (https://hdfs.illinois.edu/directory/faculty/)

**overview of college admissions & requirements:** Agricultural, Consumer & Environmental Sciences (http://catalog.illinois.edu/schools/aces/academic-units/#text)

**college website:** https://aces.illinois.edu/