HUMAN DEVELOPMENT & FAMILY STUDIES: FAMILY STUDIES, BS

for the degree of Bachelor of Science Major in Human Development & Family Studies, Family Studies Concentration

department website: https://hdfs.illinois.edu/
department faculty: Human Development & Family Studies Faculty (https://hdfs.illinois.edu/directory/faculty/)
overview of college admissions & requirements: Agricultural, Consumer & Environmental Sciences (http://catalog.illinois.edu/schools/aces/academic-units/)
college website: https://aces.illinois.edu/

Students in the Family Studies concentration focus on how families operate, develop, and change in response to the challenges of modern life. Students learn to appreciate the diversity of family life by studying different cultures and how families learn to manage stress and become resilient. Graduates with this concentration are qualified to provide many services to families. Career opportunities include family life educator, human resource specialist, caseworker or family service coordinator. Graduates also may choose to pursue graduate education in a variety of fields, including, marriage and family therapy, social work, policy specialist, psychology, family law, medicine, or human resources.

The Family Studies concentration is approved by the National Council of Family Relations (NCFR) for the provisional Certified Family Life Educator credential. Family life education focuses on healthy family functioning within a family systems perspective and provides a primarily preventive approach. The goal of family life education is to teach and foster skills and knowledge to enable individuals and families to function optimally. Within two years after receiving their degree, graduates who have completed the Family Studies curriculum and four elective courses (HDFS 427: Family Adaptation and Resilience, CHLH 206: Human Sexuality, HDFS 401: Socialization and Development, and HDFS 461: Family Life Education) can apply for the Provisional level of the CFLE credential through an abbreviated application process (details available on the NCFR website).

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Prescribed Core Courses including Campus General Education

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>Composition I and Speech</td>
<td></td>
<td>6-7</td>
</tr>
<tr>
<td>Select one of the following:</td>
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<tr>
<td>RHET 105</td>
<td>Writing and Research</td>
<td>3</td>
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<tr>
<td>&amp; CMN 101</td>
<td>and Public Speaking (or equivalent) (see college Composition I requirement)</td>
<td></td>
</tr>
<tr>
<td>CMN 111</td>
<td>Oral &amp; Written Comm I</td>
<td>3</td>
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<tr>
<td>&amp; CMN 112</td>
<td>and Oral &amp; Written Comm II</td>
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</table>

Advanced Composition

Select from campus approved list. 3-4

Language Other Than English

Coursework at or above the third level is required for graduation.

Cultural Studies
Select one course from Western culture, one from non-Western culture, and one from U.S. minority culture from campus approved lists. 9

Quantitative Reasoning I
Select one of the following: 3-4
- STAT 100 | Statistics | 3 |
- ACE 261 | Applied Statistical Methods | 4 |
- CPSC 241 | Intro to Applied Statistics | 3 |
- ECON 202 | Economic Statistics I | 3 |
- PSYC 235 | Intro to Statistics | 3 |
- SOC 280 | Intro to Social Statistics | 4 |

Quantitative Reasoning II
Select from campus approved list. 3-5

Natural Sciences and Technology
Select from campus approved list. 6

Humanities and the Arts
Select from campus approved list. 6

Social and Behavioral Sciences

- PSYC 100 | Intro Psych | 4 |
- SOC 100 | Introduction to Sociology | 4 |

ACES Required

- ACES 101 | Contemporary Issues in ACES | 2 |

Human Development and Family Studies Required

- HDFS 101 | Issues & Careers in HDFS | 1 |
- HDFS 105 | Intro to Human Development | 3 |
- HDFS 120 | Intro to Family Studies | 3 |
- HDFS 220 | Families in Global Perspective | 3 |
- HDFS 290 | Intro to Research Methods | 4 |
- ACE 161 | Microcomputer Applications | 3 |
- ACE 240 | Personal Financial Planning | 3 |
- FSHN 120 | Contemporary Nutrition | 3 |
- or CHLH 10 | Contemporary Health | 2 |
Select one of the following: 3
- HDFS 208 | Child Fam with Special Needs | 3 |
- HDFS 221 | Asian Families in America | 3 |
- HDFS 340 | Gender, Relationships & Society | 3 |
- HDFS 341 | Asian American Youth | 3 |
- HDFS 379 | HDFS Study Abroad Experience | 3 |
- HDFS 322 | US Latina and Latino Families | 3 |
- HDFS 444 | LGBT Indiv, Fam & Community | 3 |
Select one of the following: 3-6
- HDFS 206 | Early Childhood Curriculum Dev | 3 |
- HDFS 261 | Self-Help Group Dev & Process | 3 |
- HDFS 294 | Research Internship | 3 |
- HDFS 450 | Practicum in HDFS | 3 |
- HDFS 494 | Applied Research Methods | 3 |

Required Concentration 16-18

See specific requirements for each concentration listed below.
Additional courses must be completed to yield a total of 126 hours for graduation.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
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<tbody>
<tr>
<td></td>
<td><strong>Family Studies Concentration Required</strong></td>
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<tr>
<td>HDFS 425</td>
<td>Family Stress and Change</td>
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<td>Three courses selected from:</td>
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<td>HDFS 225</td>
<td>Close Relationships</td>
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<td>HDFS 420</td>
<td>Inequality, Public Policy, and U.S. Families</td>
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<tr>
<td>HDFS 426</td>
<td>Family Conflict Management</td>
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<td>HDFS 427</td>
<td>Family Adaptation &amp; Resilience</td>
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<td>One course selected from:</td>
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<td>HDFS 301</td>
<td>Infancy &amp; Early Childhood</td>
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<td>HDFS 305</td>
<td>Middle Childhood</td>
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<td>HDFS 310</td>
<td>Adult Development</td>
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<td>HDFS 405</td>
<td>Adolescent Development</td>
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<tr>
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<td><strong>Total Hours</strong></td>
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*Information listed in this catalog is current as of 12/2020*