HUMAN DEVELOPMENT & FAMILY STUDIES: FAMILY STUDIES, BS

for the degree of Bachelor of Science Major in Human Development & Family Studies, Family Studies Concentration

department website: https://hdfs.illinois.edu/
department faculty: Human Development & Family Studies Faculty (https://hdfs.illinois.edu/directory/faculty)
overview of college admissions & requirements: Agricultural, Consumer & Environmental Sciences (http://catalog.illinois.edu/schools/aces/academic-units)
college website: https://aces.illinois.edu/

Students in the Family Studies concentration focus on how families operate, develop, and change in response to the challenges of modern life. Students learn to appreciate the diversity of family life by studying different cultures and how families learn to manage stress and become resilient. Graduates with this concentration are qualified to provide many services to families. Career opportunities include family life educator, human resource specialist, caseworker or family service coordinator. Graduates also may choose to pursue graduate education in a variety of fields, including, marriage and family therapy, social work, policy specialist, psychology, family law, medicine, or human resources.

The Family Studies concentration is approved by the National Council of Family Relations (NCFR) for the provisional Certified Family Life Educator credential. Family life education focuses on healthy family functioning within a family systems perspective and provides a primarily preventive approach. The goal of family life education is to teach and foster skills and knowledge to enable individuals and families to function optimally. Within two years after receiving their degree, graduates who have completed the Family Studies curriculum and four elective courses (HDFS 427: Family Adaptation and Resilience, CHLH 206: Human Sexuality, HDFS 401: Socialization and Development, and HDFS 461: Family Life Education) can apply for the Provisional level of the CFLE credential through an abbreviated application process (details available on the NCFR website).

for the degree of Bachelor of Science Major in Human Development & Family Studies, Family Studies Concentration

Prescribed Core Courses including Campus General Education

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
</table>

Composition I and Speech
Select one of the following:
RHET 105  Writing and Research  3
CMN 111  Oral & Written Comm I  .5
CMN 112  Oral & Written Comm II  .5

Advanced Composition
Select from campus approved list.  3-5

Language Other Than English

Coursework at or above the third level is required for graduation.

Cultural Studies
Select one course from Western culture, one from non-Western culture, and one from U.S. minority culture from campus approved lists.

Quantitative Reasoning I
Select one of the following:
STAT 100  Statistics  3
ACE 261  Applied Statistical Methods  4
CPSC 241  Intro to Applied Statistics  3
ECON 202  Economic Statistics I  3
PSYC 235  Intro to Statistics  3
SOC 280  Intro to Social Statistics  4

Quantitative Reasoning II
Select from campus approved list.  3-5

Natural Sciences and Technology
Select from campus approved list.  6

Humanities and the Arts
Select from campus approved list.  6

Social and Behavioral Sciences
PSYC 100  Intro Psych  4
SOC 100  Introduction to Sociology  4

ACES Required
ACES 101  Contemporary Issues in ACES  2

Human Development and Family Studies Required
HDFS 101  Issues & Careers in HDFS  1
HDFS 105  Intro to Human Development  3
HDFS 120  Intro to Family Studies  3
HDFS 220  Families in Global Perspective  3
HDFS 290  Intro to Research Methods  4
ACE 161  Microcomputer Applications  3
ACE 240  Personal Financial Planning  3
FSHN 120  Contemporary Nutrition  3
or CHLH 100: Contemporary Health  2

Select one of the following:
HDFS 206  Early Childhood Curriculum Dev  3
HDFS 261  Self-Help Group Dev & Process  3
HDFS 294  Research Internship  3
HDFS 450  Practicum in HDFS  3
HDFS 494  Applied Research Methods  3

Required Concentration  16-18

See specific requirements for each concentration listed below.

Information listed in this catalog is current as of 03/2020
Additional courses must be completed to yield a total of 126 hours for graduation.

<table>
<thead>
<tr>
<th>Total Hours</th>
<th>126</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Family Studies Concentration Required</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HDFS 425</td>
<td>Family Stress and Change</td>
<td>4</td>
</tr>
</tbody>
</table>

Three courses selected from:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS 225</td>
<td>Close Relationships</td>
<td></td>
</tr>
<tr>
<td>HDFS 420</td>
<td>Inequality, Public Policy, and U.S. Families</td>
<td></td>
</tr>
<tr>
<td>HDFS 426</td>
<td>Family Conflict Management</td>
<td></td>
</tr>
<tr>
<td>HDFS 427</td>
<td>Family Adaptation &amp; Resilience</td>
<td></td>
</tr>
</tbody>
</table>

One course selected from:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>3-4</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS 301</td>
<td>Infancy &amp; Early Childhood</td>
<td></td>
</tr>
<tr>
<td>HDFS 305</td>
<td>Middle Childhood</td>
<td></td>
</tr>
<tr>
<td>HDFS 310</td>
<td>Adult Development</td>
<td></td>
</tr>
<tr>
<td>HDFS 405</td>
<td>Adolescent Development</td>
<td></td>
</tr>
</tbody>
</table>

| Total Hours | 16-17 |