Dietetics and Nutrition major meets the requirements set by the Accreditation Council on Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND) and qualifies students for competitive dietetic internships. Upon completion of a postgraduate internship, students selecting this major may take the examination to become Registered Dietitians. Students choosing this major who do not complete an internship will be prepared for entry-level supervisory positions in food service facilities and in the food and pharmaceutical industries.

Prescribed Courses including Campus General Education Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>RHET 105 &amp; CMN 101</td>
<td>Writing and Research and Public Speaking (or equivalent; see college Composition I requirement)</td>
<td>6-7</td>
</tr>
<tr>
<td>CMN 111 &amp; CMN 112</td>
<td>Oral &amp; Written Comm I and Oral &amp; Written Comm II</td>
<td>3-4</td>
</tr>
</tbody>
</table>

Advanced Composition

Select one course from campus approved list of Advanced Composition courses.

Cultural Studies

Select one course from Western culture, one from non-Western culture, and one from U.S. minority culture from campus approved lists.

Foreign Language

Coursework at or above the third level is required for graduation.

Quantitative Reasoning I

Select one of the following:
- MATH 220 Calculus
- MATH 221 Calculus I
- MATH 234 Calculus for Business I

Quantitative Reasoning II

Select one of the following:
- ACE 262 Applied Statistical Methods and Data Analytics I
- CPSC 241 Intro to Applied Statistics
- ECON 202 Economic Statistics I
- PSYC 235 Intro to Statistics
- STAT 100 Statistics

Natural Sciences and Technology

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHEM 102 &amp; CHEM 103</td>
<td>General Chemistry I and General Chemistry Lab I</td>
<td>4</td>
</tr>
<tr>
<td>CHEM 104 &amp; CHEM 105</td>
<td>General Chemistry II and General Chemistry Lab II</td>
<td>4</td>
</tr>
</tbody>
</table>

Other Natural Sciences and Technology Required

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHEM 232</td>
<td>Elementar Organic Chemistry I (Pre-req CHEM 104 &amp; CHEM 105)</td>
<td>3 or 4</td>
</tr>
<tr>
<td>CHEM 233</td>
<td>Elementar Organic Chem Lab I (Pre-req CHEM 104, CHEM 105, and CHEM 232)</td>
<td>2</td>
</tr>
<tr>
<td>MCB 244</td>
<td>Human Anatomy &amp; Physiology I or FSHN 250 Nutritional Physiology I</td>
<td>3</td>
</tr>
<tr>
<td>MCB 246</td>
<td>Human Anatomy &amp; Physiology II or FSHN 251 Nutritional Physiology II</td>
<td>3</td>
</tr>
</tbody>
</table>

Social and Behavioral Sciences - required hours

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS 105</td>
<td>Intro to Human Development</td>
<td>3</td>
</tr>
</tbody>
</table>

Choose from the following:
- ANTH 101 Introduction to Anthropology
- ANTH 102 Human Origins and Culture
- ANTH 103 Anthro in a Changing World
- ANTH 209 Food, Culture, and Society
- HDFS 220 Families in Global Perspective
- PSYC 100 Intro Psyh
- SOC 100 Introduction to Sociology

ACES Prescribed Course

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHLH 250</td>
<td>Health Care Systems</td>
<td>3</td>
</tr>
<tr>
<td>FSHN 101</td>
<td>The Science of Food and How it Relates to You</td>
<td>3</td>
</tr>
</tbody>
</table>

Choose from the following:
- ACE 100 Introduction to Dietetics or ECON 103 Macroeconomic Principles
- FSHN 220 Principles of Nutrition
- FSHN 232 Science of Food Preparation
- FSHN 249 Food Service Sanitation
- FSHN 322 Nutrition and the Life Cycle
- FSHN 329 Communication in Nutrition
- FSHN 340 Food Production and Service
- FSHN 345 Strategic Operations Management
- FSHN 420 Nutritional Aspects of Disease
- FSHN 426 Biochemical Nutrition I
- FSHN 427 Biochemical Nutrition II
- FSHN 428 Community Nutrition
- FSHN 429 Nutrition Assessment & Therapy
- FSHN 450 Dietetics: Professional Issues
- FSHN 459 Nutrition Focused Physical Assessment

Major Electives

Select one of the following:
- BIOC 455 Technqs Biochem & Biotech
- CHLH 300-400 Any 300 or 400 level CHLH Course
- FSHN 300-400 Any 300 or 400 level FSHN Course
- HDFS 300-400 Any 300 or 400 level HDFS Course
- KIN 300-400 Any 300 or 400 level KIN Course

Information listed in this catalog is current as of 06/2023
For the degree of Bachelor of Science Major in Dietetics and Nutrition

Sample Sequence
This sample sequence is intended to be used only as a guide for degree completion. All students should work individually with their academic advisors to decide the actual course selection and sequence that works best for them based on their academic preparation and goals. Enrichment programming such as study abroad, minors, internships, and so on may impact the structure of this four-year plan. Course availability is not guaranteed during the semester indicated in the sample sequence.

Students must fulfill their Language Other Than English requirement by successfully completing a third level of a language other than English. For more information see the corresponding section on the Degree General and Education Requirements page (http://catalog.illinois.edu/general-information/degree-general-education-requirements/).

First Year
First Semester | Hours | Second Semester Hours
--- | --- | ---
ACES 101 | 2 | CHEM 102
CMN 101 or RHET 105 | 3 | CHEM 103
FSHN 101 | 3 | Rzet 105 or CMN 101
FSHN 150 | 1 | MATH 234
HDFS 105 | 3 | FSNH 220
Quantitative Reasoning General Education course | 3 |

Total Hours 15

Second Year
First Semester | Hours | Second Semester Hours
--- | --- | ---
FSHN 232 | 3 | FSNH 426
FSNH 249 | 1 | FSNH 329
CHEM 104 | 3 | CHEM 232
CHEM 105 | 1 | CHEM 233
MCB 244 or FSNH 250 | 3 | MCB 246 or FSNH 251
CHLH 250 | 3 |

Total Hours 14

Third Year
First Semester | Hours | Second Semester Hours
--- | --- | ---
FSNH 420 | 3 | FSNH 427
ACE 100 or ECON 103 | 4 | FSNH 322
MCB 100 | 3 | FSNH 340
MCB 101 | 2 | General Education course

Total Hours 15

Fourth Year
First Semester | Hours | Second Semester Hours
--- | --- | ---
FSNH 345 | 3 | FSNH 429
FSNH 428 | 3 | FSNH 459
FSNH 450 | 2 | Major Elective course
General Education course | 3 |
General Education course | 3 |
Free Elective course | 3 |

Total Hours 16

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KRDN 3.1 Use the Nutrition Care Process to make decisions, identify nutrition-related problems and determine and evaluate nutrition interventions.

KRDN 3.2 Develop an educational session or program/educational strategy for a target population.

KRDN 3.3 Demonstrate counseling and education methods to facilitate behavior change and enhance wellness for diverse individuals and groups.

KRDN 3.4 Explain the processes involved in delivering quality food and nutrition services.

KRDN 3.5 Describe basic concepts of nutritional genomics.

KRDN 4.1 Apply management theories to the development of programs or services.

KRDN 4.2 Evaluate a budget and interpret financial data.

KRDN 4.3 Describe the regulation system related to billing and coding, what services are reimbursable by third party payers, and how reimbursement may be obtained.

KRDN 4.4 Apply the principles of human resource management to different situations.

KRDN 4.5 Describe safety principles related to food, personnel and consumers.

KRDN 4.6 Analyze data for assessment and evaluate data to be used in decision-making for continuous quality improvement.

for the degree of Bachelor of Science Major in Dietetics and Nutrition

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Food Science and Human Nutrition
Food Science and Human Nutrition Website (https://fshn.illinois.edu)
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905 S. Goodwin Ave.
Urbana, IL 61801
217-244-4498
Email: fshn-general@illinois.edu

College of Agricultural, Consumer & Environmental Sciences
College of Agricultural, Consumer & Environmental Sciences Website (https://aces.illinois.edu/)

ACES Office of Academic Programs
128 Mumford Hall
1301 West Gregory Drive
Urbana, IL 61801

Advising
Phone: 217-244-4498
Email: fshn-general@illinois.edu
Advising Website (https://fshn.illinois.edu/about/contact-us/#paragraph--441)

Admissions
ACES Undergraduate Admissions (https://aces.illinois.edu/admissions/)
visitACES@illinois.edu
217-333-3380

University of Illinois Undergrad Admissions (https://www.admissions.illinois.edu/)

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