NUTRITIONAL SCIENCE

http://www.nutritionalsciences.illinois.edu

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Correspondence and Admission Information: Sarah Wells
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Major: Nutritional Science
Degrees Offered: M.S. and Ph.D.

Joint Degree Program: Doctor of Philosophy in Nutritional Science and
Master of Public Health (http://catalog.illinois.edu/graduate/graduate-
majors/community-health/#jointdegreeestext)
Degrees Offered: Ph.D. and M.P.H.

Medical Scholars Program: Doctor of Philosophy (Ph.D.) in Nutritional
Science and Doctor of Medicine (M.D.) through the Medical Scholars
Program (http://www.med.uiuc.edu/mdphd)

Graduate Degree Programs

The Division of Nutritional Sciences is the interdisciplinary program for
graduate education in nutrition at the University of Illinois at Urbana-
Champaign. More than 60 faculty, representing 15 different departments
in seven colleges on the Urbana and Chicago campuses, are members of
the Division. The Division is a comprehensive program of study leading to
the M.S. and Ph.D. degrees, alone or in combination with either the M.D.
or M.P.H. degrees or the registration in dietetics (R.D.). Flexible graduate
programs of study enable students to individualize their coursework
and professional training. In addition, extensive research opportunities
are available that address the spectrum from research at the level of
the genome and proteome to clinical and population-based intervention
studies. Specialties are classified into six broad theme areas in which
our faculty and students are most active (see Research Interests (http://
utrsci.illinois.edu/research)). These themes best reflect the areas of
nutrition research for which the Division is recognized both nationally and
internationally.

Admission

Applicants are expected to have an admission grade point average of
3.0 (A = 4.0) for the last two years of coursework and basic courses in
chemistry, biology and mathematics. Deficiencies in these subjects must
be removed during the first year of graduate study. The Graduate Record
Examination (GRE) is required. Applicants whose native language is
not English must achieve a minimum paper-based Test of English as a
Foreign Language (TOEFL) score of 550, 213 on the computer-based test
or 79 on the iBT TOEFL. Admission in the fall, spring or summer will be
considered.

Internship in Dietetics

Students in the Division of Nutritional Sciences can participate in an
Academy of Nutrition and Dietetics (AND) accredited graduate dietetic
internship program administered through the Department of Food
Science and Human Nutrition. The program includes defined graduate
course requirements and a six-month dietetic clinical internship. In
order to be eligible for the graduate internship program, students must
complete all undergraduate course competencies required by the AND
for the Registration in Dietetics (R.D.). Students are accepted into
the internship by computer matching through the standard dietetic
internship application process. More information on the graduate dietetic
internship program can be obtained at fshn.illinois.edu/graduate/
dietetic-internship/prospective (http://fshn.illinois.edu/graduate/dietetic-
internship/prospective) or from the Department of Food Science and
Human Nutrition (260 Bevier Hall; (217)-244-4498).

Medical Scholars Program

The Medical Scholars Program permits highly qualified students to
integrate the study of medicine with study for a graduate degree in a
second discipline, including Nutritional Science. Students may apply to
the Medical Scholars Program prior to beginning graduate school or while
in the graduate program. Applicants to the Medical Scholars Program
must meet the admissions standards for and be accepted into both
the doctoral graduate program and the College of Medicine. Students
in the dual degree program must meet the specific requirements for
both the medical and graduate degrees. On average, students take eight
years to complete both degrees. Further information on this program
is available by contacting the Medical Scholars Program, 125 Medical
Sciences Building, (217) 333-8146 or at www.med.illinois.edu/msp
(http://www.med.illinois.edu/msp).

Graduate Teaching Experience

Although teaching is not a general Graduate College requirement,
experience in teaching is considered an important part of the graduate
experience in this program.

Faculty Research Interests

The Division is composed of faculty whose research interests cover many
disciplines within nutrition. Descriptions of faculty research interests and
a listing of recent publications are available at the Division website. Six
broad theme areas are:

- Animal Nutrition
- Biochemical and Molecular Nutrition
- Community Nutrition, Nutrition Education and Consumer Acceptance
- Dietary Bioactive Components
- Food Safety and Toxicology
- Human and Clinical Nutrition

Facilities and Resources

The Division (http://www.nutrsci.illinois.edu) office is located in room
449 Bevier Hall. Office and research laboratory facilities utilized by
graduate students in Nutritional Sciences are administered by the home
department of the student's adviser.

Financial Aid

Financial assistance is available in the form of assistantships,
scholarships and fellowships. Applicants seeking fall admission and
expecting to be considered for financial assistance should file their
applications before the preceding December 15th. Later applications may
be considered, depending on the space and support available.

Master of Science in Nutritional Science

Additional courses are available in:
• human and animal nutrition
• biochemistry
• physiology
• immunology
• endocrinology
• food science
• education
• anthropology
• psychology
• sociology
• statistics
• agricultural economics

The non-thesis degree also requires an oral final exam. Students are not admitted directly into the non-thesis program.

**Thesis Option**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>NUTR 500</td>
<td>Nutritional Sciences Seminar (Enrollment each semester a student is registered in the program)</td>
<td>0</td>
</tr>
<tr>
<td>Statistics</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>FSHN 593</td>
<td>Seminar in Foods and Nutrition (One semester of seminar)</td>
<td>2</td>
</tr>
<tr>
<td>or NUTR 590</td>
<td>Disciplinary Seminar</td>
<td></td>
</tr>
<tr>
<td>NUTR 510</td>
<td>Topics in Nutrition Research</td>
<td>3-5</td>
</tr>
<tr>
<td>or NUTR 561</td>
<td>Advanced Clinical Nutrition</td>
<td></td>
</tr>
<tr>
<td>Biochemistry (if not taken within 2 years of entry)</td>
<td>3-8</td>
<td></td>
</tr>
<tr>
<td>Research/Project/Independent Study Hours (2 max applied toward degree)</td>
<td>0-2</td>
<td></td>
</tr>
<tr>
<td>One additional course in general nutrition</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>NUTR 599</td>
<td>Thesis Research (min/max applied toward degree)</td>
<td>8</td>
</tr>
</tbody>
</table>

**Total Hours** | 32

**Other Requirements**

Other requirements may overlap

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minimum Hours Required Within the Unit:</td>
<td>8, 500 level</td>
</tr>
<tr>
<td>Minimum Number of 500-level hours Required Overall in Program:</td>
<td>12</td>
</tr>
<tr>
<td>Not more than 4 hours of coursework taken on a Credit-No Credit basis will be counted towards the 32 hours total for the M.S. degree</td>
<td></td>
</tr>
<tr>
<td>Nutritional Sciences courses may NOT be taken on a Credit-No Credit option</td>
<td></td>
</tr>
<tr>
<td>Minimum GPA:</td>
<td>3.0</td>
</tr>
<tr>
<td>Oral final exam</td>
<td></td>
</tr>
</tbody>
</table>

1 For additional details and requirements refer to the department's Graduate Programs information (http://nutrsci.illinois.edu/about_us/program_description/degree_types) and the Graduate College Handbook (http://www.grad.uiuc.edu/gradhandbook).

**Non-Thesis Option**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>NUTR 500</td>
<td>Nutritional Sciences Seminar (Enrollment each semester a student is registered in the program)</td>
<td>0</td>
</tr>
<tr>
<td>Statistics</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>FSHN 593</td>
<td>Seminar in Foods and Nutrition (One semester of seminar)</td>
<td>2</td>
</tr>
<tr>
<td>or NUTR 590</td>
<td>Disciplinary Seminar</td>
<td></td>
</tr>
<tr>
<td>NUTR 510</td>
<td>Topics in Nutrition Research</td>
<td>3-5</td>
</tr>
<tr>
<td>or NUTR 561</td>
<td>Advanced Clinical Nutrition</td>
<td></td>
</tr>
<tr>
<td>Biochemistry (if not taken within 2 years of entry)</td>
<td>3-8</td>
<td></td>
</tr>
<tr>
<td>At least two additional courses in general nutrition</td>
<td>8</td>
<td></td>
</tr>
<tr>
<td>Research/Project/Independent Study Hours (4 max applied toward degree)</td>
<td>0-4</td>
<td></td>
</tr>
</tbody>
</table>

**Total Hours** | 32

**Doctor of Philosophy in Nutritional Science**

In addition to maintaining a 3.0 average in formal coursework, Ph.D. students are required to take a qualifying examination, an oral preliminary examination and a final thesis examination. There is no foreign language requirement, but students whose native language is not English are required to demonstrate competence in English.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>NUTR 500</td>
<td>Nutritional Sciences Seminar (enrollment each semester and one presentation during program)</td>
<td>1</td>
</tr>
<tr>
<td>FSHN 593</td>
<td>Seminar in Foods and Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>or NUTR 590</td>
<td>Disciplinary Seminar</td>
<td></td>
</tr>
<tr>
<td>NUTR 510</td>
<td>Topics in Nutrition Research</td>
<td>5-9</td>
</tr>
<tr>
<td>or NUTR 561</td>
<td>Advanced Clinical Nutrition</td>
<td></td>
</tr>
<tr>
<td>NUTR 511</td>
<td>Regulation of Metabolism</td>
<td>4</td>
</tr>
</tbody>
</table>

1 For additional details and requirements refer to the department's Graduate Programs information (http://nutrsci.illinois.edu/about_us/program_description/degree_types) and the Graduate College Handbook (http://www.grad.uiuc.edu/gradhandbook).
Two additional courses in general nutrition 6-8
Research/Project/Independent Study Hours (2 max applied toward degree) 2
NUTR 599 Thesis Research (min/max applied toward degree) 40 or 48

Total Hours 64

Other Requirements ¹
Other requirements may overlap
Coursework total: with M.S. degree in Nutritional Science (16) or with MS in other field (24)
Masters Degree Required for Admission to PhD? No, but Masters level requirements must be met (32 additional hours min)
Qualifying Exam Required Yes
Preliminary Exam Required Yes
Final Exam/Dissertation Defense Required Yes
Final Exam/Dissertation Defense Required Yes
Minimum GPA: 3.0

¹ For additional details and requirements refer to the department's Graduate Programs information (http://nutrsci.illinois.edu/about_us/program_description/degree_types) and the Graduate College Handbook (http://www.grad.uiuc.edu/gradhandbook).

Master of Public Health and Ph.D. in Nutritional Science
The M.P.H. can be earned jointly with the Ph.D. in Nutritional Science. In the joint program up to 12 hours of coursework may be applied to both degrees, and the degrees are conferred simultaneously at the completion of the program.

CHLH 410 Public Health Practice 4
CHLH 469 Environmental Health 4
CHLH 540 Health Behavior: Theory 4
CHLH 550 Health Policy: United States 4
CHLH 572 Principles of Epidemiology 4
CHLH 573 Biostatistics in Public Health 4
CHLH 575 Chronic Disease Prevention 4
CHLH 577 Health Program Evaluation 4
CHLH 594 Special Topics (Cultural Competence and Health Promotion) 4
CHLH 587 MPH Practicum 4
CHLH 589 Public Health Capstone Experience 2
Area of concentration coursework from approved list, min 3 (may be met by Ph.D. core courses)
Electives and seminars, min 3 (may be met by Ph.D. core courses)
NUTR 500 Nutritional Sciences Seminar (enrollment each semester and one presentation during program) 1
Select one or both of the following (max 4): 1-4
FSHN 593 Seminar in Foods and Nutrition 1

NUTR 590 Disciplinary Seminar
NUTR 510 Topics in Nutrition Research
NUTR 561 Advanced Clinical Nutrition
NUTR 511 Regulation of Metabolism 4
Two additional courses in general nutrition 6-8
Ph.D. Research/Project/Independent Study Hours (2 max applied toward degree) 2
NUTR 599 Thesis Research (min/max applied toward degree) 40

Total Hours 100

Other Requirements ¹
Other requirements may overlap
Minimum Number of 500-level Hours Required Overall in Program: 12 (8 within M.P.H.)
Masters Degree Required for Admission to PhD? No
Qualifying Exam Required Yes
Preliminary Exam Required Yes
Final Exam/Dissertation Defense Required Yes
Dissertation Deposit Required Yes
Minimum GPA: 3.0

¹ For additional details and requirements refer to the department's Graduate Programs information (http://nutrsci.illinois.edu/about_us/program_description/degree_types) and the Graduate College Handbook (http://www.grad.uiuc.edu/gradhandbook).