IHLT - I-HEALTH

IHLT 101 Introduction to i-Health  credit: 1 Hour. (https://courses.illinois.edu/schedule/terms/IHLT/101/)
Introduction to the interdisciplinary major in Health. The course is designed to familiarize students with the concepts of interdisciplinary health, campus resources, academic policies, and program requirements.

IHLT 240 Aging and Health Policy  credit: 3 Hours. (https://courses.illinois.edu/schedule/terms/IHLT/240/)
Provides an understanding of the policies that affect service delivery to older adults including key historical and current policies such as the Older Americans Act, Medicare, Medicaid, and Social Security. Theories of public policy and involvement of older adults in the political process will be introduced. Challenges of issues such as chronic disease prevention, housing, transportation, nutrition, and elder abuse will also be explored. This course satisfies the General Education Criteria for: Social Beh Sci - Beh Sci

IHLT 232 Health Disparities in the U.S.  credit: 3 Hours. (https://courses.illinois.edu/schedule/terms/IHLT/232/)
Provides an overview of health disparities in the United States, including existence and magnitude of health disparities, theories that explain health disparities, strategies to address their complexity, and solutions required to eliminate them. Disparities are examined related to groups of diverse racial/ethnic backgrounds, socio-economic status, gender, age, and ability level. This course satisfies the General Education Criteria for: Cultural Studies - US Minority

IHLT 230 Leadership in Health  credit: 3 Hours. (https://courses.illinois.edu/schedule/terms/IHLT/230/)
Develops a framework to understand practices of exemplary leadership. Topics include: 1) Modeling behavior, 2) Inspiring a shared vision, 3) Challenging processes, 4) Enabling others to act, and 5) Encouraging passionate leadership. Case studies of individuals who are recognized leaders in health and well-being at local, regional, national and global levels will be explored. Through various assignments, students identify their own leadership style and understand the important role they can play as leaders to address local and global health challenges. This course satisfies the General Education Criteria for: Social Beh Sci - Soc Sci

IHLT 375 Interdis Collab in Health Serv  credit: 4 Hours. (https://courses.illinois.edu/schedule/terms/IHLT/375/)
Provides scholarly knowledge and field experiences for interdisciplinary collaboration in the health services. Topic include health service delivery systems, vulnerable populations, models of health and health promotion, communication, policy and ethics in health care. Emphasis on introducing students to the importance of working with individuals from a variety of health disciplines to better address issues of health in society.